

SIX COMMON STRIKING ZONES

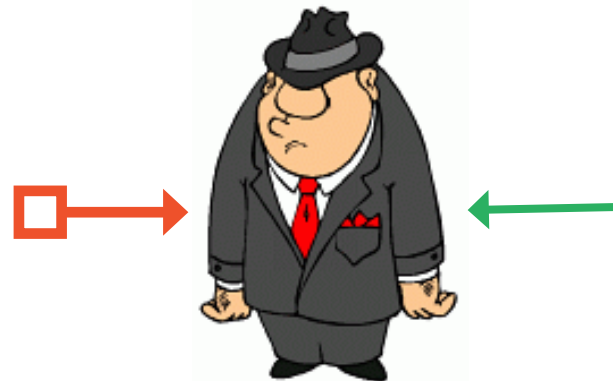
①

Collar bone of attacker's left, then right side



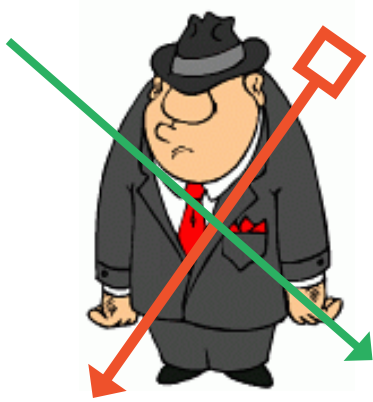
②

Ribs on attacker's right, then left side



③

Diagonal strike to both sides



⑤

12:00



④

Reverse diagonal strike to both sides



⑥

6:00

