

## Family Council Meeting

Scheduled for Wednesday,  
May 6th at 6:00 p.m.

To include a Spaghetti Supper Fund Raiser!

*What is Family Council? It is a semi-annual, informal gathering of staff and families who meet in order to share information, and to socialize! We can accomplish a great deal in just about an hour!*

Inspired by the goals set by our Mission and Development Committee last Fall, our staff has responded to Social Accountability projects that reach out into the community to provide assistance to those in need. In November, 2008, we accepted the challenge to help feed the hungry in Meriden, and to date have raised \$544 and collected and delivered 172 pantry items, all benefiting the Meriden Food Pantry program.

We're now reaching out to you, our families, hoping to raise donations by offering a delicious meal. We invite our newest families to join with our 'veteran' families in this multi-faceted event: Meet old friends and/or forge new relationships; ask Department Managers questions you might have; learn more about our Mission, Community Outreach, and the Volunteer opportunities at Connecticut Baptist Homes; hear of new ways we are working to improve our services to you and your loved ones...and...enjoy a great meal, for a great price, with good company! Monies raised will be used to fund seasonal plantings; annuals in the spring, mums and bulbs in the fall, as well as traditional holiday flowers for inside the facility – Easter Lilies and Christmas Poinsettias.

So mark your calendars, because the Family Council meeting this spring will consist of a brief informational meeting, followed by a Spaghetti Supper and some social time.

The cost of the meal is \$7.50 per person, and will include Salad, Garlic Bread, Spaghetti with Meatballs, Dessert, and Beverages.

Life doesn't have many guarantees, but we can guarantee you a satisfying meal, information and a really good time!

Please call (203) 237-1206 to reserve your seats, no later than Tuesday, April 28th.

We look forward to seeing you in the Community Room, Wednesday, May 6th, at 6:00!



## Grease was the word for the Maloney High School and Ct. Baptist Homes!

On February 26th, 2009 Maloney High School Students came to, Ct. Baptist Homes and held a 50's Dance Movement Therapy, ice cream parlor Sock Hop. MHS Students and CBH Residents dressed appropriately for the decade, wearing Pink Ladies jackets, jeans and T-shirts, neckties and a T-Bird Jacket.

Music played from the era of the musical "Grease" to set the atmosphere, Pink Ladies jackets, jukeboxes and 45's were hung from the ceiling to create a retro rock 'n roll party! Students and CBH residents were treated to soda floats with vanilla ice cream with whipped cream and a cherry on top! Residents, students and staff members enjoyed taking a turn on the dance floor, which was in the formation of a large circle for every participant to have a full view! Residents played inflatable guitars, waved colorful pom poms, danced and sang a variety of fifties songs, students danced to choreographed skits to select Grease songs, and a table of lollipops were on display and up for grabs! Residents said they enjoy exercising with Maloney High School Students, looking at the 50's decorations and meeting with friends. Maloney students said, "No matter what the theme, we always have fun at Ct. Baptist Homes!"

# Calendar of Events

APRIL, 2009

## Holy Week

### Letter from the Chaplin

*The Reverend Katherine Fagerburg*  
Chaplain,  
CONNECTICUT BAPTIST HOMES

I always look forward to the events and services of Holy Week—not just the glorious culminating celebration of Easter, but everything that leads up to Easter and allows us to embrace the joy of the resurrection most fully and gratefully. I will lead all of the programs and worship services of Holy Week except for Palm Sunday.

Palms and palm crosses will be available on Sunday, April 5 during our Palm Sunday observance with Deborah Newton at 10:00 a.m. in the Community Room.

A new event added to our calendar is the Walk through Holy Week. Please note a date change—originally scheduled for Wednesday, this program will now take place on Tuesday morning, April 7, during the time usually set aside for Bible Study. At 10:30 a.m., the third floor residents will move through several settings and scenarios that evoke scenes from the final days of the life of Jesus. While they are engaged with the dramatic settings, other participants will be involved making Easter eggs and doing other Easter crafts. At 11:00 a.m., residents from the second floor, Residential Living and Cedar Ridge will participate in the Walk while the third floor residents take their turn with craft activities. The morning promises to be memorable, creative, and a wonderful way to immerse ourselves in scripture during this important week.

Maundy Thursday is another important and sacred day in the week leading up to the Easter holiday. We will mark the day with a worship service at 10:10 a.m. on April 9 in the Community Room. Maundy comes from the Latin word that means "commandment," and on that day we remember Jesus' words

telling us that he leaves us a new commandment—that we love one another. Some congregations also wash one another's feet on this day, following the example of Jesus, while others adapt the practice to the washing of hands. Remembering the Last Supper in the upper room, we will have communion together, and also listen to words of scripture in the ancient practice of Tenebrae, extinguishing candles to signify the growing darkness and despair of those dark hours of agony, arrest, trial and crucifixion.

We meet for worship at 10:00 a.m. on Friday, April 10 for the Good Friday service. This is a somber day, when we meditate on sacrifice and on God's wondrous love for us. Join us for a special worship time of reflections from the cross.

All of these preparations culminate with our Easter morning experience on April 12. Joyous Easter Sunday worship awaits us on the day of resurrection at 10:00 a.m., as special music and guest musicians assist us in singing, rejoicing and worshipping on Easter!

Please join us, and know that family and friends are welcome at all worship services and religious events.

*The Reverend Katherine Fagerburg*

Chaplain,  
CONNECTICUT BAPTIST HOMES

# Special Events & Activities

April 2009

"You're a big hit with us, the pawsabilities are endless!"

## April Birthdays

Michael Colomonico April 4th  
Elizabeth Hand "Betty" April 10th  
Mary Antonioli April 22nd

## April 7th at 2:30 PM

Learn the ancient Eastern European Art of Pisanki or "writing" on eggs with wax. View a Polish Pisanki egg display and learn some conversational Polish.

## Wednesday April 8th and 29th at 1:30 PM

Ceramics Class, in the 2nd floor Recreation Room  
Join us for an afternoon of Ceramics, Come and experience the therapeutic benefits of working with ceramic casts. Paint what your soul desires, while in a supportive environment where you have freedom of expression to explore your creative side!

## April 15th 2:00 PM, In the Community Room

CBH Annual "Show Your Dog Show"

Come see one of our most talked about events of the year! This CBH activity is a real live dog show, with our Residents as judges! Dogs and their owners compete in a series of tasks and exams for the ...RESIDENT'S PICKS!

## Monday April 20th at 2:00 PM in the 2nd floor Recreation Room

Nancy Reagan served monkey bread in the White House, especially during the holidays. Many adults have fond memories of making Monkey Bread as a child. Come bake some old fashioned Monkey Bread and share your recopies!

## Wednesday April 22nd at 2:00 PM

Come celebrate our April birthdays with live entertainment from Bruce Hazard, in the Community Room

## Monday April 27th, 2009 at 2:00 PM

Come to Educational activity!

On April 27th the "Bee" lady will conduct a delightful and informative presentation through colorful charts, posters and factual chronology of the fascinating life of honey bees!

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
*All activities are subject to change. Please check the activity boards located on each floor for daily updates.*						
<b>LOCATION CODE</b> CR Community Room 2RR 2nd Floor Recreation Room 2L 2nd Floor Lounge 3DR 3rd Floor Dining Room 3P 3rd Floor Patio GR Game Room L Library 2 2nd Floor 3 3rd Floor	<b>APRIL</b>  <b>Birthstone—Diamond</b> <b>Meaning—Innocence</b>  <b>Flower—Sweet Pea</b>  <b>Alternate Flower—Daisy</b>  <b>Color—Yellow &amp; Red</b>	<b>2nd Floor Library is OPEN</b>  <b>24 hours a day 7 days a week!</b>  <b>Come look or listen to a book!</b>	<b>April Fool's Day 1</b>  9:15: Mail Visits with Robin, all floors  10:00: 1-Card Bingo, 3DR  1:30: Funny bones slideshow w/Roger Hart in the Community Room, 1st floor  6:30: Fool's Gold Bingo, CR	<b>2</b>  9:30: Inspirational Exercise, 3DR  10:10: Worship Service w/ JP Morgan, CR  2:00: Poetry Group & Individual reading, CR.  3:00: Meriden Libraries Book Mobile, Visits the second floor Recreation room  <i>April Fact: Small animals that hibernate are usually coming out of their burrows in April. The birds fly back northward or they settle down to have their families. The bees and butterflies begin to gather nectar from the first flowers of the season.</i>	<b>3</b>  10:00: Making Easter Bonnets, 3DR  2:00: 2-Card Bingo, CR  <i>This day in History: 1956 - Elvis Presley sings "Heartbreak Hotel" on the Milton Berle Show, with an estimated 25% of the United States population viewing.</i>	<b>4</b>  <i>Easter Language Facts: Impress your friends with an Easter wish in another language!</i>  <i>French: Joyeuses Pâques</i>  <i>German: Frohe Ostern</i>  <i>Italian: Buona Pasqua</i>  <i>Spanish: Felices Pascuas</i>
<b>Walk Through Holy Week 5</b>  10:00: Palm Sunday Worship Service with Deborah Newton, In the Community Room, 1st floor  Individual Activities available in 2nd floor Recreation Room—Games, crafts, cards, puzzles.  "Kit Kart" (Activity Cart) is available to all Residents.	<b>6</b>  9:15: Mail Visits with Robin, all floors  10:00: Easter Jamboree with Tom and Center Preschool, 3DR  2:00: Learn Tai Chi with Tai Chi Bob, CR  <i>Easter Trivia: Easter is now celebrated on the first Sunday after the full moon which happens on or after March 21, the Spring Equinox</i>	<b>7</b>  9:30: Inspirational Exercise, 3DR  10:10: Bible Study, CR  2:00: Rosary, CR  2:30: Polish Decorated Eggs, Traditional Pisanki Art with Irene and Robin, CR  <i>More Easter Trivia: Peeps © are the most popular non-chocolate dandy bought during XXXXX</i>	<b>8</b>  9:15: Mail Visits with Robin, all floors  10:00: 1-Card Bingo, 3DR  1:30: Ceramics Class, 2RR  6:30: Painting with Taboo, CR  <i>Easter Trivia: Did you know About 90 million chocolate Easter bunnies are produced each year. WOW!</i>	<b>9</b>  <b>Maundy Thursday</b>  10:00: Maundy Thursday Worship Service w/ Katherine, CR  2:00: Sorting Silverware, folding clothes and other household chores, 3DR  3:30: Pet Therapy with Cathy, all floors Easter History Fact: The most famous event of Easter egg rolling takes place on the White House lawn, a tradition started during the Presidency of James Madison.	<b>10</b>  <b>Good Friday</b>  10:00: Good Friday Worship Service, CR  2:00: 2-Card Bingo, CR  <i>Easter flower: The white lily, the symbol of the resurrection, is the special Easter flower.</i>	<b>11</b>  10:30: Saturday Matinee w/ Stephanie, CR  <i>Easter Humor:</i>  <i>Question: Why did the Easter egg hide?</i> <i>Answer: He was a little chicken!</i>  <i>Question: Why did a fellow rabbit say that the Easter Bunny was self-centered?</i> <i>Answer: Because he was eggo-centric!</i>
<b>Easter 12</b>  10:00: Worship Service with Katherine, In the Community Room, 1st floor  Individual Activities available in 2nd floor Recreation Room—Games, crafts, cards, puzzles.  "Kit Kart" (Activity Cart) is available to all Residents, families and staff members—located in the 3rd floor TV lounge.  2nd Floor Library is OPEN 24 hours a day 7 days a week.	<b>13</b>  9:15: Mail Visits with Stephanie, all floors  10:00: Sentimental Sing a long, 3DR  2:00: Balloon Volley Visits with Irene, 2nd floor  2:30: Balloon Volley Visits with Irene, 3rd floor  invincible  <i>April Quote: "The first of April is the day we remember what we are the other 364 days of the year." - Mark Twain</i>	<b>14</b>  10:10: Bible Study, CR  10:30: Strolling Music with Mary Morse, 3  11:00: Strolling Music with Mary Morse, 2  2:00: Rosary, CR  6:30: Evening Pokeno, CR  <i>Historic Trivia: Which ancient monument was built facing the sunrise of the vernal equinox?</i> <i>Answer: The Great Sphinx at Giza, Egypt</i>	<b>15</b>  9:15: Mail Visits with Robin, all floors  10:00: 1-Card Bingo, 3DR  11:00: Food Committee, 3DR  2:00: Show your Dog Show, oh the Pawsabilities!  3:00: Resident Council, CR  <i>Pet Trivia: Barbara Bush's book about her English Springer Spaniel, Millie's book, was on the bestseller list for 29 weeks. Millie was the most popular "First Dog" in history.</i>	<b>16</b>  9:30: Exercise with Stephanie & Gale, 3DR  10:10: Worship Service w/ Jim Dowse, CR  10:45: Prayer Shawl Knitting, Chapel  2:30: Slide show with Bill Keane, CR  <i>More Trivia: What common pie ingredient is the rose related to? Hint: It's a berry!</i> <i>Answer: Blackberries</i>	<b>17</b>  10:00: Catholic Mass w/ Father Jack, CR  2:00: 2-Card Bingo, 3DR  <i>Garden Trivia: Where do pinks get their name?</i> <i>Answer: The petals have zig-zagged edges, as though cut with pinking shears</i>	<b>18</b>  10:30: Pet Therapy with Robin, all floors  <i>April Friendship Quote: A faithful friend is a strong defense: and he that hath found such an one hath found a treasure. Ecclesiasticus 6:14</i>
<b>19</b>  10:00: Worship Service with Carolyn Fleming-Sawyer, In the Community Room, 1st floor  Individual Activities available in 2nd floor Recreation Room—Games, crafts, cards, puzzles.  "Kit Kart" (Activity Cart) is available to all Residents, families and staff members—located in the 3rd floor TV lounge.	<b>20</b>  10:00: Learn Spanish, 3DR  10:30: Work on a Spanish Craft, 3DR  12:00: Lunchtime Music w/ Dan Stevens 3DR  12:30: Lunchtime Music w/ Dan Stevens 2DR  2:00: Baking Monkey Bread with Robin & Irene, 2RR  <i>Historic Trivia: Where did the tradition of wearing new clothes on Easter Sunday originate?</i> <i>Answer: Holy Saturday Baptisms</i>	<b>21</b>  9:30: Inspirational Exercise, 3DR  10:10: Bible Study, CR  12:00: Lunchtime Music w/ Lynn Malavolti, 3DR  12:00: Lunchtime Music w/ Lynn Malavolti, 2DR  2:00: Rosary, CR  6:30: Sentimental Song Circle with Marcey, CR  <i>April History Fact: Did you know that Queen Elizabeth was born on April 21st, 1926?</i>	<b>22</b>  9:15: Mail Visits with Robin, all floors  10:00: 1-Card Bingo, 3DR  2:00: Birthday Party w/ Bruce Hazard, CR  Flower Fact: What flower has the nickname "heartsease?" Answer: A Pansy	<b>23</b>  9:30: Inspirational Exercise, 3DR  10:10: Worship Service w/ Walter Simmons, CR  2:00: Hospitality Cart, 3rd floor  2:45: Hospitality Cart, 2nd floor  3:30: Pet Visits with Cathy, all floors  <i>Gardening Facts: What side of the garden is best for tall or climbing plants?</i> <i>Answer: The North side!</i>	<b>24</b>  10:00: Exercise with Robin, 3DR  2:00: 2-Card Bingo, 3DR  <i>Garden Trivia: Did you know that Wood Frogs freeze during the winter and thaw again in the spring to begin breeding.</i>	<b>25</b>  10:30: Springtime Jingo w/ Irene, CR  <i>April Trivia: Diamond is the April birthstone. Known as one of the hardest substances on earth, diamonds are thought to be billions of years old. The word diamond derives from an ancient Greek word, "adamas", meaning</i>
<b>National Volunteer Week 26</b>  10:00: Worship Service with Katherine, In the Community Room, 1st floor  Individual Activities available in 2nd floor Recreation Room—Games, crafts, cards, puzzles.  "Kit Kart" (Activity Cart) is available to all Residents, families and staff members—located in the 3rd floor TV lounge.  2nd Floor Library is OPEN 24 hours a day 7 days a week.	<b>27</b>  10:00: Morning Gathering, 3DR Have coffee, tea, discuss current events, read newspaper articles, learn this day in history, and find out your daily horoscopes.  12:00: Lunchtime Music w/ John Ciambriello 3DR  12:30: Lunchtime Music w/ John Ciambriello 3DR  2:00: The Bee Lady, An interactive educational experience with bees and honey tasting, CR	<b>28</b>  10:30: Humane Society Visits, 2  11:00: Humane Society Visits, 3  2:00: Rosary, CR  2:30: Make a Magazine Collage, CR  6:30: Evening Stretch and Story time, CR  <i>Springtime Trivia: Who wrote "In the Spring a young man's fancy lightly turns to thoughts of love"?</i> <i>Answer: Alfred Lord Tennyson</i>	<b>29</b>  9:15: Mail Visits with Robin, all floors  10:00: 1-Card Bingo, 3DR  1:30: Ceramics Class, 2RR  Flashback Trivia: How long did it take to make a single "Peep" in 1953? Answer: 27 Hours ...unbelievably, were needed to create just one "Marshmallow Peep". Today, one "Peep" takes only six minutes!	<b>30</b>  10:10: Worship Service w/ Katherine, CR  12:00: Volunteer Luncheon, CR  2:00: Reminiscing story time, 3rd floor  <i>The movie "Easter Parade" immortalizes the grand Easter Sunday stroll down what famous street?</i> <i>Answer: New York's Fifth Avenue ... from 49th to 57th Streets along famous Fifth Avenue where there's a wonderful celebration in Easter finery.</i>	<b>CARDS</b>  <i>Let the perfect card help you say it. It's never been easier to make somebody's day! Free Cards are available in the 2nd floor Recreation room 24 hours a day, seven days a week!</i>	

**"It was one of those March days when the sun shines hot and the wind blows cold: when it is summer in the light, and winter in the shade.**  
- Charles Dickens