



# The Rec-Room

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## Editor

Kimberly Grandal CTRS, ACC/EDU  
Executive Director

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### Kim's Corner

I hope everyone had a glorious holiday season and a very happy New Year. 2011 was a very

reflective time for me. I have some very specific plans for 2012, one of which is to make all of my webinars available online 24/7. I get a lot of requests for certain webinars and the dates and times are not always conducive to your needs or my schedule. So my big project is to pre-record them. Let me know if there are particular sessions you are interested in and I will work on those first.

In addition, I am now the current president of the [NJ/Eastern Pennsylvania Therapeutic Recreation Association](#), so I'll be spending quite some time working on various projects for this wonderful organization.

Please celebrate National Activity Professionals Week. Don't let it pass you by this year. I have so many great ideas on my website and I have some products that will make it so much easier for you to promote your department, so please dedicate some time to yourself and the profession.

**Activities: Life: Enhanced**

*Kim* ☺

# Happy National Activity Professionals Week

January 22-28, 2012  
"Staying in Tune With Activities"

It's time to really promote what we do and why we do it. I have an extensive page on my website dedicated to [National Activity Professionals' Week](#) filled with ideas, resources, articles, videos, movies, and so much more. Even if you haven't started planning for this week yet, there are many things you can still do.

However, if time is limited and you don't feel like visiting dozens of websites to find ideas and information, I recommend that you consider some of the products available to you from Re-Creative Resources Inc. I have some great

recreation training games, puzzles, poster board pintables, handouts, and much more that can easily and quickly turn the week into a fun and educational week.

I also have a fantastic product called the "[Activity Professionals Week Toolkit](#)." It includes 24 items such as activities, icebreakers, training materials, promotional materials and more, all specifically created for NAPW. If you are a current member of the Activity Resource Center, the tool kit is already included so you do not need to purchase this. Just log into your account to download the tool-kit.

### Activity Word Puzzles

**Location:** [Activity Resource Center](#) (subscription required), [Activity Professionals Week Toolkit](#). Host a raffle drawing. Print a bunch and put them in the lobby with a box or basket for completed puzzle entries. At the end of the week, draw one or two names and announce winner. Simple but effective!

### More Than Just Bingo Game

**Location:** [Activity Resource Center](#), [Activity Professionals Week Toolkit](#) or [purchase separately](#). Great leisure education activity for facility staff and residents. You can host a "More Than Just Bingo Game" for the residents and/or the staff, or better yet, combine it, and invite residents, family, staff and family members. As you call out various activities, use this as an opportunity to promote activities. Give out prizes, serve refreshments, play music, etc.

### Tri-Fold Story Boards

**Location:** [Activity Resource Center](#) (subscription required), or [Activity Professionals Week Toolkit](#). There are two story boards (Activity Types and Benefits of Activities) you can make in just a matter of minutes. You need 2 tri-fold story boards/posterboards and a glue stick. Just print out the power point pages and glue them on. Put your displays on a table in the lobby.

### Educational Handouts for your lobby display

Activity Professionals  
Week Tool-Kit

\$24.95!

24 downloadable activities, icebreakers, promotional materials and more, to help you celebrate and honor Activity Professionals Week as well as promote the Activity Profession throughout the year!

www.recreativeresources.com



The February webinar schedule will be out shortly. PRIVATE GROUP SESSIONS ARE AVAILABLE FOR YOUR ORGANIZATION OR FACILITY AS WELL. [LEARN MORE](#)

**NO WEB CAM NEEDED , EASY TO ACCESS, LIVE, INTERACTIVE AFFORDABLE, NCCAP-APPROVED**

**A New Years Poem**  
By: Debbie Bongiovanni

Another year has passed,  
And a new year is about to begin,  
Everything you put your mind to,  
Will be accomplished and you will win.

Just look forward in your life,  
And set your goals for the year,  
Then have a glass of champagne,  
And bring in alot of cheer.

So don't look back at the past,  
Believe this year will be the best,  
All of your dreams are there for you,  
Because you are so very blessed.

Happy New Year!

**HANDS**



A Tribute to Activity and Recreation Professionals Who Enhance the Lives of the Elderly

**Location: Activity Resource Center (subscription required) and Activity Professionals Week Toolkit.** There are several ready to print and copy handouts you may use to educate about activities and Activity Professionals. You may also choose to display your activity calendars, newsletters, photo albums, poems, etc.

**Activity Professionals Week Flyer and Banner**

**Location: Activity Resource Center (subscription required) and Activity Professionals Week Toolkit.** Just print out the Activity Professional Week Flyer and post throughout the facility. It's general enough to use in all facilities.

**Activity Professionals Week Certificate**

**Location: Activity Resource Center (subscription required) and Activity Professionals Week Toolkit.** Even if you are not doing a structured, planned ceremony or awards program, you can still print this Activity Professionals Week certificate for each of the Activity staff.

**Leisure Education Games and Activities**

**Location: Activity Resource Center (subscription required) and Activity Professionals Week Toolkit.** A great way to educate about activities is by using ice breakers and leisure education games. Re-Creative Resources has activities that can be used with residents, department heads, facility staff, or anyone. Plan to do these during a morning meeting or department head meeting, care plan meeting, before resident activities (or as an activity), before a meal in the dining room, as part of an in-service, etc.

**Press Release Sample**

**Location: Activity Resource Center (subscription required) and Activity Professionals Week Toolkit.** Use this sample press release as a guide to writing one for your facility.

**Breaking Down the Silos In-Service**

**Location: purchase separately (\$25)**  
This is a 30-60 minute in-service regarding an interdisciplinary approach to quality of life. It is perfect for mandatory facility staff training and comes with teacher's notes, PowerPoint presentation, student manual, an icebreaker, outline and post test. All you have to do is schedule and facilitate.

**Recreation InQUIZition**

**Location: purchase separately (\$8)**  
This is a great game for your activity staff. You may also use this as a training session or in-service. It's much more fun learning by playing a game. The game comes with 2 rounds of questions relating to activities, documentation, techniques, regulations, etc.

**Tic Tac Techniques**

**Location: purchase separately (\$9)**



[Click here to view this new video](#)

There are also other wonderful educational and inspirational videos for Activity and Recreation Professionals on the [Re-Creative Resources YouTube Channel](#)



## Happy New Year By [Ginger Bonner](#)



Every year, I put a shout out to my friends for leftover New Years Eve props. Most people throw out their hats and leis after

a few days so I try to get the word out to my friends to keep me in mind before they throw anything out. It obviously works because this year I didn't have to spend anything on party supplies!

I have a great cd of Barbra Streisand at midnight on New Year's Eve. Before the exciting countdown, she gives a moving speech and explains that Auld Lang Syne means "time remembered with fondness". This cd was the inspiration for my special New Years tradition at work. While the residents are coming into the recreation room, I play a disco version of Auld Lang Syne and give out hats and leis. The music is the

This is a fun game designed to educate activity professionals about various types of facilitation techniques. Use this as an in-service or just a fun game. The game includes 3 rounds of play, a reference list and a master board for each round.

### **Activity FUN-damentals and Activity Professionals in Action**

**Location: Buy today!!!** (\$7 plus shipping and handling)

This DVD comes with two 4 and a half minute videos. Both movies are just perfect to show during Activity Professionals Week. For more information visit [www.recreativeresources.com/videos.htm](http://www.recreativeresources.com/videos.htm)

*As you can see, there is still some time left to organize a wonderful Activity Professionals Week. So, what are you waiting for? This is your time to shine!*

## The January 2012 STARS Winner

**Danny Pettry, MS, CTRS**



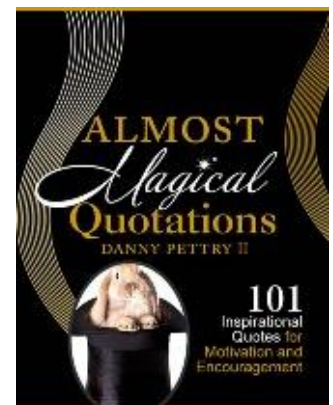
Danny Pettry has been employed as a Recreational Therapist for a residential treatment facility in West Virginia for children and adolescents with mental health needs since 2002. Pettry has a Master of Science degree in Recreational Therapy from Indiana University (Bloomington, Indiana) and a Bachelor of Science degree in Park Resources and Leisure Services with an emphasis in Therapeutic

Recreation from Marshall University (Huntington, West Virginia). Pettry is also working towards a Master's of Education degree in Mental Health counseling through Lindsey Wilson College (Ashland, Kentucky campus) with an expected graduation in Dec. 2012. Pettry has held Certified Therapeutic Recreation Specialist (CTRS) credentials since 2002.

Petry is a good-standing member of the American Therapeutic Recreation Association (ATRA). He has previously won ATRA's Advocate Award in 2005 and he had won the 2004 Peg Connolly Scholarship to attend the national conference. This scholarship was named in honor of Dr. Peg Connolly the first President of ATRA.

Petry has a lot of passion for helping people. During his leisure time he enjoys creating books. He is the author of 3 recent books, including:

- Discover Hidden Secret Wisdom: How to become great at anything (Self-Help Book)
- Building Character with Sam, Izzy, and Many Other Dogs: 15 Tips to Help Children Build Character (Children's picture book that teaches concepts on making friends with the use of colorful pictures of



secret to the atmosphere. Everyone dances into the room. I also have a resident handing out unique, updated lyrics to the song. You can see that this has much more meaning than the traditional version with words that are difficult to understand. You can see these lyrics and the rest of this article on [Gingers Column](#).

**Happy New Year!**

[See more of Ginger's creative costumes and activities](#)

## SAVE THE DATES

### NJ Eastern PA Therapeutic Recreation Spring Workshop

March 30, 2012

11:00 a.m. – 4:00 p.m.

Essex County Hospital Center  
Conference Facilities  
Cedar Grove, NJ

Information to be posted shortly on the [NJ/RPA TRA Website](#)

### NCCAP 2012 Symposium

June 1-2, 2012

Holiday Inn

Greater Cincinnati Airport

[Click here for information](#)

## Products, Services & Info.

[\\*Free Job Post](#)

[\\*Activity and TR Resources](#)

[\\*Guest Book](#) (Please say hi!)

[\\*Activity Resource Center](#)

[\\*Re-Creative Resources' Blog](#)

[\\*The Rec-Quest](#) (Q&A Forum)

[\\*Activity Swap Meet](#) (cool ideas)

[\\*News and Announcements](#)

[\\*Who's Who](#)

animals)

- [Almost Magical Quotations: 101 Inspirational Quotes for Motivation and Encouragement.](#)

Petty also operates a Recreational Therapy blog, which can be read at this link: <http://www.dannypetty.blogspot.com>

The **STARS Award** (*Superior Therapeutic Activity and Recreation Services*) features outstanding Activity and Recreation professionals and practitioners. Recipients of the STARS Award will receive a certificate and a mention in the Rec-Room and an induction into the Hall of STARS on the Re-Creative Resources Inc website. If you know of anyone that should be featured, [please let me know!](#) [Learn more about the STARS Award.](#)

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## Contact Kimberly Grandal

\*Phone: 732-340-1210

\*Email: [kimgrandal@aol.com](mailto:kimgrandal@aol.com)

\*Visit our website

[www.recreativeresources.com](http://www.recreativeresources.com)

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