



# The Rec-Room

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**Re-Creative Resources, Inc.**

Education, Consultation, and Resources for  
 Recreation and Activity Professionals

To download a pdf. version of The Rec-Room visit [www.recreativeresources.com/newsletter-archives.htm](http://www.recreativeresources.com/newsletter-archives.htm)

## Editor

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 Executive Director

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## Kim's Corner

Hi everyone! It's been a rainy month of June here in NJ- not quite summer yet so I am eagerly

awaiting picnics in the park, long walks, the Jersey shore, amusement parks and much more.

I recently returned from the first annual NCCAP Symposium which was held at the Cincinnati Airport in Erlanger, Kentucky. What a great hotel and the Symposium itself was just fantastic! Cindy Bradshaw, Kathy Hughes and the NCCAP Board did a great job organizing and facilitating this educational opportunity. I personally thank Cindy Bradshaw for the special recognition she presented to me for my contributions towards NCCAP. It is such a pleasure working with Cindy and supporting the NCCAP mission.

I would also like to congratulate the following NCCAP Award winners:

## Best Practice Awards

Mark Madott, ADC (VA)– "The

## National Therapeutic Recreation Week July 12-18, 2009

By [Kimberly Grandal BA, CTRS,ACC](#)

Executive Director, [Re-Creative Resources Inc.](#)

The National Therapeutic Recreation Society established National Therapeutic Recreation Week in 1984. This special week has been celebrated during the second week of July annually since then. As stated by NTRS, "the purpose of National Therapeutic Recreation Week is to enhance public awareness of therapeutic recreation programs and services, and expand recreation and leisure opportunities for individuals with disabilities." NTRS states that, "therapeutic recreation uses treatment, education, and recreation services to help people with illnesses, disabilities, and other conditions to develop and use their leisure in ways that enhance their health, functional abilities, independence, and quality of life."

There are many educational, promotional and fun ways to celebrate this important week. Many facilities and agencies have health fairs, ceremonies, open houses, celebrations, and such.

- NTRS has downloadable samples such as a press release, letter to the governor and proclamation. [Download the TR week samples here.](#)
- [NTRS 31 Ideas to celebrate](#)
- [NCTRC 101 Ways of Publicizing and Promoting Recreation Therapy](#)
- Visit the [Recreation Therapy Store](#) for great t-shirts, mugs and gifts
- [Products from EPromos](#)
- [NCTRC TR Week Flyer](#)
- Read the article: [Celebrate National Therapeutic Recreation Week and promote Therapeutic Recreation Year Round](#)
- Video by NTRS: [The Benefits are Endless](#)
- Many more ideas can be found at [www.recreativeresources.com/TherapeuticRecreationWeek.htm](http://www.recreativeresources.com/TherapeuticRecreationWeek.htm)

Emerald Chimers"  
Pattie Gaudio, ADC (VA)- "In Focus"  
Sue Warmka, ADC , (MN)- "A State a Month"

**NCCAP Supporter**

Dr. Charles Peckham, ACC (OH)

**NCCAP Instructor of the Year**

Debbie Hommel, ACC, CTRS (NJ)

**NCCAP Administrator of the Year-**

Turner Prickett, LNHA (NC)-

**Activity Department of the Year**

Kelly Covone-Henning, ACC and staff of Heritage Place (PA)

Congratulations to all of you!

In addition, I would like to thank Lynne Huckaby, ACC from Texas for the lovely ceramic cross that she so kindly gave to me at the Symposium. The cross was made by the seniors in the senior recreation center where Lynne works. Thank you Lynne! This cross has so much value to me, personally and professionally!

Lastly, there are just two more webinars scheduled for June. The webinars will resume in September. Group options and private sessions are still available throughout the summer so just contact me if you have any special requests or needs.

Have a great summer!

Life. Be in it! *Kim* ☺

**LAST TWO WEBINARS OF THE SUMMER-IT'S NOT TOO LATE!**

**Thursday, June 25, 2009** from 7:00pm-8:30pm (EDT)  
Person-Centered Activities: For the Good of the Individual

**Tuesday, June 30, 2009** from 7:00pm-8:30am (EDT)  
Talking Shop: Men's Programming Ideas for Recreation Professionals

**All webinars are NCCAP approved for 1.5 contact hours**  
**Registration**

**On-line**

You may pay via credit card or use

## Celebrate Blueberry Day:

By [Christine Jennings](#)

Author of [Christine's Column](#) and [The Rec-Room](#)

Here are some great ideas to help you celebrate Blueberry Day. July is the official Blueberry month for US and in Canada the official month is August.

### Blueberry picking

Check [www.pickyourown.org](http://www.pickyourown.org)

website to see if there is a blueberry picking farm near you. This site will give what each farm offers, days and time available to public and directions to location. If you cannot take the residents to a farm, then how about a Farmers Market or to the fresh produce stand to let them pick out a small container of blueberries for them to use in their cooking class. If none of these are options for your residents, help them plant a blueberry bush in the courtyard or somewhere next to a window so the residents can watch it grow. It may take a couple of years for it to produce, but in years to come you can share the fruit of this year's labor with them or future residents.

### Cooking

Here is a list of foods the residents can make with blueberries

- Blueberry pie
- Blueberry mixed with yogurt
- Plain blueberries with cool whip
- Blueberry muffins
- Blueberry cake
- Blueberry jelly/jam

### Game - Name That Blue

Play this game like name that tune, except use songs that have the word blue, blueberry or berry in the title. Here are some suggestions for songs to use, but see what you can find too:

- Blueberry Hill by Fats Domino in 1956
- Blue Suede Shoes first recorded by Carl Perkins in 1955, by Elvis Presley in 1956



your Pay Pal account.  
[Click here to register on-line](#)

#### Mail-In Registration

You may also print out the registration form and mail your check or money order. [Click here for the mail-in registration form.](#)

#### Cost

Individual and group rates are available. Individual registration is just \$25 a person, 6-8 people is \$160 for the group and 9-12 people is \$180 for the group. Other group options may be available and you can request a special day and time for your group. Please contact [Kim](#) to discuss all the options.

To learn more about these sessions and others, [click here.](#)

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# You Tube

Visit the [Re-Creative Resources Inc. You Tube Channel](#). You can subscribe, comment and view our videos and some of our favorite videos as well.

#### June Raffle Winner

The winner of the June raffle is Donna Murphy from PA. Donna won a variety of training word puzzles courtesy of Re-Creative Resources Inc., Congratulations Donna.

#### July Raffle

Enter the July raffle for a chance to win the Recreation Orientation (\$18 Manual (\$18 value) courtesy of Re-Creative Resources Inc. Simply enter the raffle drawing by contacting [Kimberly Grandal](#). Please be sure to put **Raffle Drawing** in the comments section. A random winner will be selected and announced in the July

- Blue Velvet by Tony Bennett in 1951
- True Blue by Madonna in 1986 (they may not know this one, but give it a try)
- Forever in Blue Jeans by Neil Diamond in 1979
- Blue Eyes Crying in the Rain by Roy Acuff in 1945 and later others. Visit Wikipedia.
- Memphis Blues by W.C. Handy in 1912
- Crazy Blues by Mamie Smith in 1920
- I Guess That's Why They Call It The Blues by Elton John in 1983

For more great July programming ideas (one for each day!) and other theme-related activities, visit [Christine's Column](#).

THANK YOU TO THE FOLLOWING COMPANIES THAT DONATED TO THE NCCAP RESOURCE BANK. PLEASE CHECK OUT THEIR GREAT PRODUCTS AND SERVICES!

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Caring For The Dying Resident

issue of The Rec-Room. The deadline for entry is **July 20, 2009**. **Please note: all entries are kept confidential and are for the sole purpose of winning a fantastic prize. Don't miss out!**

### Home Study Courses

DH Special Services now offers a large variety of NCCAP approved home-study courses **Visit their website for more information.**

### Products and Services

- \*Free Job Post
- \*Activity and TR Resources
- \*Forms and Manuals
- \*Recreation Department Review Manual
- \*Interdisciplinary Approach to Quality of Life In-Service
- \*Free Forms and Materials (over 30)
- \*Guest Book (Say hi!)
- \*Activity Resource Center
- \*Re-Creative Resources' Blog
- \*The Rec-Quest (Q&A Forum)
- \*Activity Swap Meet

### Contact Kimberly Grandal

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kimgrandal@aol.com

\*Visit our website  
[www.recreativeresources.com](http://www.recreativeresources.com)



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