

Dare Day: (Ref: www.holidayinsights.com/moreholidays/June/dareday)

- Facility activity - A day to challenge your residents, staff and yourself to do something different:
 - Residents taking part in an activity they say they don't like or don't want to. You may have to "double dog dare" to get them to come to an activity, but that is what this holiday is all about. Who knows, it might work...never know unless you try!
 - Residents introducing themselves to another resident that they don't know in the facility.
 - Residents using a past talent that they have not used since moving into the facility.
 - Staff to visit a resident that is not on their normal rounds.
 - Staff to do a simple task that is not in their job description. (You may need to triple dog dare...)
 - Staff to smile the entire day, no matter what happens.
 - You to smile no matter how challenging the events of the day bring.
 - You to try an activity you think will never work for your residents and staff.
 - You to go out of your way to do something extra nice for your most challenging facility member, be it a resident or an administrator. (I triple dog dare you to the max!!!)
- Community project - Contact the local police department and ask if they "DARE" officer can come out to present their program to your facility family and community (I know it is short notice, but you could type up an invite and take it to the business closest to your facility so their employees can come out if they attend. Or just invite the facility families to see how it goes and next year extend it to community families. DARE has good information for everyone at any age to know.
- Game - Spin the bottle....a daring game as I recall, but a little different. I saw this as an adult day care I volunteered in and could not wait to see exactly how they handled this game. They used a coke bottle and let the residents spin it. The resident spinning the bottle got to ask the person that the top of the bottle was pointing towards. They could ask any question and then the person answering the question was the next to take a turn. I would rather see the residents take turns spinning the bottle to ensure they all had a turn to ask a question. This is more of a small group game and the bottle can be placed on a table. You may have a lot of residents come just to see if it is the game they remember, and if you do then you will know to play it again.
- Craft - Have residents make a collage with pictures and words out of magazines on small poster board to represent what DARE means to them...you should have some very interesting art work to display in the facility.
- Social – You will need to consult with the dietary department to find out what foods the residents seem to leave on their plates the most, but really should eat for a balance diet. Then ask them to prepare small samples in cup cake paper shells. Dare the residents to just try a small sample. OR you could ask if there are any foods that the dietary departments wants to try, but haven't because they are unsure how the food would go over with the residents. It could be a "Dare to try" social. Make sure you record the outcome on any new foods the residents liked so you can report to the dietitian.

Rocky Road Day:

- Cooking class – Rocky Road Squares (Ref: www.holidayinsights.com/recipes/rockyroad)
- Story time – With residents in a circle start telling a story about a rocky road. Ask everyone to participate in making up a story around "Driving down a rocky road...and finish with eating rocky road ice-cream. Each person gives one sentence based on what the previous person said. OR

ask each resident to write (or tell you so you can write it) one word on poster paper so when you (or a volunteer) makes up a story, when you say their word they have to hold it up to incorporate the word in your story. After you say their word, then they can put the sign down. I would use their name as well. You could start by saying “Our activity bus was driving down a rocky road...” just remember to end with eating rocky road ice cream. Have someone to record the information so they can read it back later for laughs.

- **Social** – Serve rocky road ice cream and you could possibly read the story that you recorded from story time or you could play songs with titles the words rocky or road, like:
 - Rocky Mountain High – John Denver
 - Take Me Home Country Roads – James Taylor or Loretta Lynn
 - The Rocky Road to Dublin by Dubliners, Album: Songs From Ireland-Greatest Hi (Ref: www.Stlyrics.com just browses by artist name, Dubliners and scroll down the page to find the Songs from Ireland-Greatest Hi)
 - That Long, Long Rocky Road by Tom Parker (Ref: www.anythingpeaceful.org)
 - On the Road Again – Willie Nelson
- **Walk and talk** – Take your residents to a nearby park or walk around your facility to talk about a time when they walked down a rocky road and the things they may have found.
- **Craft** – Paint a rock to display in a rock garden either outside or inside. It does not have to be a big rock garden, just something to display the creative rock paintings that your residents did. At the end of the week or month give the rocks back to the owners. Make sure you put their name on the bottom.

Space Day in honor of First U.S. Spacewalk by Ed White in 1965

- **Discussion group** – Ask the residents if they remember the first spacewalk. Have open discussion on what they remember and give them some facts and pictures about this historical event.
Ref: www.nssdc.gsfc.nasa.gov/planetary/gemini_4_eva
- **Movie** – Show any space related movie like Apollo 13
- **Moon Pie trivia** – history info found on Wikipedia.com
- **Cooking class** – Make Moon Pies (my own recipe)
Chocolate graham crackers
Marshmallow fluff
Chocolate squares melted in microwave
Let residents take two square halves of the chocolate graham crackers and spread a layer of marshmallow fluff on it. Place on wax paper then drizzle melted chocolate over the graham cracker with filling to coat as much as possible. Let cool and enjoy! Oh, have lots of paper towel wet and dry because they can get messy, but worth it.
- **Moon walk dance** – Show off some of the fancy footwork with the moon walk dance. If you can do it then see if someone else can. Play songs with the name moon in it, like Blue Moon, Shine on Harvest Moon, Blue Moon of Kentucky, It’s Only a Paper Moon, Dancin’ in the Moonlight or Moon River. See additional moon related songs and other fun moon information on www.moonlightsys.com/themoon/index
- **Craft ideas** – Make a Sun/Moon fan, get instructions on www.crayola.com/crafts/detail/sun-and-moon-myth-fan-craft OR make a moon and stars mobile OR check out the www.familycrafts.about.com/library/spdays/bljuly20th.htm for other craft ideas and more activities.

Hug Your Cat Day:

- Pet therapy – Have cats visit so the residents can pet and hug them on their day.
- Learning time – Bring in a veterinary to discuss the different types of cats and cat care. If you can not get a veterinary then see if they have an intern that come talk to the resident. If they have some cats to bring that would be good too.
- Cooking /Community project– Make cat treats to donate to local animal shelter. Recipes can be found on simplypets.com click on Pet Food and then cat.
- Crafts/Community project – Make cat nip toys to donate to your local animal shelter. OR have residents cut out kitty ties to donate to the veterinary for his/her clinic as a gift for coming out to talk to residents. Just use any cotton fabric and peaking sheers to cut triangles. Just like scarves, but smaller.
- Movie – Cat from Outer Space is an old Disney movie they will enjoy.

Festival Gingerbread Day:

- Listen & Learn - discussion – Learn the history of gingerbread by highlighting key words which will later be used in a word scramble game. (Ref: Wikipedia.com search gingerbread for history). After reading the history, then circle the words you want to use in the word search game.
- Word game – use the words you circled from the Gingerbread history lesson to play with the residents.
- Cooking – Make gingerbread - You can find lots of easy gingerbread recipes to make sheets of gingerbread for a gingerbread house or cut out gingerbread men shapes.
- Craft – Use the gingerbread that you made during the cooking activity to make and decorate gingerbread houses or if cut out gingerbread men then decorate them.
- Contest and social – Some residents love competition so let them enter they gingerbread houses or cookie in a contest for the most creative decoration. Display the entries on a table with numbers not names and ask staff, residents and family members to vote for the most creative enter. Give about 30 minutes count all the votes and announce the winner. Serve gingerbread and drinks (decaf tea, decaf coffee or milk afterwards for all to enjoy).

National Applesauce Cake Day:

- Game – Apple toss – Use either old apples or plastic apples for this game to prevent waste of good fruit. Have large bushel basket or use laundry basket, line with colorful fabric and let each resident from a distance toss the apple in the basket.
- Cooking – Make applesauce cake.
- Craft – Have residents design and decorate an apple hat. Use foam or plastic apples, bows, bandanas, or anything you have to let them be creative and decorate their straw hats to model in an apple hat fashion show.
- Game - To Market we go – Just like the Price is Right game, except all the items are items used to make the applesauce cake. Use the empty containers from the cooking class.
- Fashion Show Social – Have residents that desire to participate show off their Apple Hats and then serve the Applesauce Cake made earlier in the day.

Vacation Day:

- Suggestions for things you can do relating to a vacation:
 - See if there is a local baseball game to take the residents to for fun. Call and ask if the local team will give free tickets or half off prices for the residents.

June holiday activity suggestions compiled by Christine Jennings – NC

- Have a picnic in the local park or set up a picnic in your facility courtyard.
- Beach party
- Out door barbeque
- Encourage wearing shorts, tee-shirts and sun-glasses.
- Serve ice cream
- Play summer related word games
- Play badminton outside
- Play a game of horseshoes
- Play croquette
- Blow bubbles
- Have a water balloon fight, but use sponges instead
- Just have a fun filled relaxing day!

Eight Men Out (based on the baseball movie):

- Discussion – History on the 1919 Black Sox Scandal (Ref: Wikipedia.com search Eight Men Out)
- Baseball trivia
- Baseball game – use the Nerf ball and bat set to let residents play a friendly game of baseball. Ask staff to assist the wheel chair residents to walk the bases. You have to adjust the game a little to make it safe, so walk don't run.
- Social - Hot dogs, popcorn and soda for the game
- Movie – Eight Men Out
- Crafts – Make a picture frame and decorate with the baseball related items (cut out baseballs, bats, mitts)
- Special Visit – Contact the local baseball team and ask if one of the star players could come out to meet and take pictures with the residents. After the pictures are printed give to resident to put in their picture frame.

Donald Duck Day:

- Social – Have a birthday party in honor of Donald Duck with balloons and cake.
- Name that duck – Print out pictures of different types of duck and let the residents match the correct name of the duck.
- Duck walk – See if a local petting zoo has ducks they can bring in to visit the residents. If they have baby ducks that is even better, because they can hold them.
- Donald Duck trivia – Find great information on Wikipedia under Donald Duck.
- Craft – Watercolor painting – Let the residents paint a duck with watercolors.
- Donald Duck Mania – Show the Donald Duck cartoons and since some of them are short you could ask questions afterwards.

National Yo-Yo Day:

- Yo-Yo discussion – See if any of your residents use to do yo-yo tricks, if so maybe they can do a demo for the others. Let residents talk about memories they have with yo-yos.
- Contest – Have a yo-yo contest: who can yo-yo the longest without stopping, which can do the most tricks...etc...
- Craft /cooking– Decorate a yo-yo to make it your own. You can check some of the craft stores to see if they have wooden yo-yo that are unfinished. OR If you can't find real wooden yo-yo, then

June holiday activity suggestions compiled by Christine Jennings – NC

make this a cooking activity to make a yo-yo cake for them to decorate. Make cupcakes and trim around it to make it in a yo-yo shape. Use string licorice for the yo-yo string.

- Yoyo trivia

Kamehameha Day:

A Hawaiian holiday so it's a Hawaii theme!

- Listen & learn: Give a brief history of King Kamehameha (Ref: Wikipedia.com)
- Craft: Make silk flower leis
- Cooking: Make a pineapple upside down cake
- Social – Bring in the hula dancers and let the residents enjoy pineapple upside down cake and a drink.
- Movie: Have some fun and get Elvis Presley off the shelf in “Blue Hawaii”

Machine Day:

Celebrate the machines that have transformed our life over the years.

- Discussion Group – Start asking what machines the residents have seen changed the most over the years...this should get them talking about wash machines, cars, sewing machines and some may even say computers.
- Word game: Use all the machines you can think of to use for either scrabble or a match game (ex. Ford – truck, Maytag – washer/dryer, Singer – sewing machine, GE – light bulb, etc...)
- Outing – If you have a local museum check to see if they have a history of machines display so you can take the resident to.
- Movie – check to see if your local library or video store has the “History Channel Presents: Man, Moment, Machine – Lincoln and The Flying Spying Machine” DVD for the residents to view.
- Cooking – Make popcorn using the different types of machines...purchase the Jiffy Pop Popcorn that you have to make on the stove and make the regular popcorn in a hot air popcorn popper, then make a bag of popcorn in the microwave. Discuss with residents the difference between the cooking process and if there is a difference between the taste.

Letter Day (It's a theme, not a real holiday):

- Facility activity – The day before ask all staff members if they will write a short letter to your residents that you can either give to them or if you have a lot of residents then read them out loud while they are having their morning coffee/tea. You can really have fun with this if enough staff writes letters to give to each resident so a mailperson can deliver them (someone dressed up as a mailperson to pass them out).
- Letter writing – Ask residents to write a short letter of appreciation to the facility staff. You may need volunteers to assist the lower functioning residents.
- Letter game – Write the word letter on the whiteboard, then ask the resident to change one letter in the word to make a different word (ex: letter, drop the L and add a B to make “better”). Keep this going to see how many words by just changing one letter within the word. You cannot change the order, nor can they add/remove two letters. It is one letter at a time to make a different word.
- Craft – Make cards to write a short thank you to your men and women in service and mail them out. You can check with a local military office for the address to mail them to.
- Cooking/game – Get a box of alphabet cereal and pour out 1/8 of a cup for each resident. Ask them to see how many words they can make with the letters they received in their cup. After you have a count, then let them eat the cereal with a cup of milk.

Flag Day: (June 14th)

- Groups sing along “It’s A Grand Ol’ Flag! (Ref: <http://www.brownielocks.com/flag.html>)
- Discussion group – Flag History
- Game – US Flag Rules and Etiquette trivia
- Residents demonstrate flag folding (the men would be the best for this since it is usually military that know the correct way to fold the flag).
- Craft ideas
(Ref: <http://www.enchantedlearning.com/crafts/flagday/>)

Smile Power Day:

- Today it is all about smiling! Do things you know make your residents and staff smile. Here are a few suggestion:
 - Smile first when you see someone.
 - Give compliments, without expecting any in return.
 - Do a small task to help out one of the staff (ex. pick up any trash around facility, take fax to owner when you are picking up yours. Help clear off dishes from the dining table.
 - Offer to brush a resident’s hair.
 - Take out the garbage and clean your activity room so the maintenances do not have to.
- Game – Sensory game – put different fun things in boxes so they can’t see them, they can feel or smell them, then let the residents guess what they are. (Ex. soft fur, scented roses, shoes...)
- Rewards – If a resident or staff member tells you that someone made them smile today, then give that person a smiley face. Have plenty of smiles ready to pass out because you will be giving them out all day!
- Game - Have fun with a smiley face balloons in a game of balloon volleyball. If you want use the pool noodles for extra fun, but if you don’t have them let the residents hit the balloon anyway they can as long as they move, stretch, or bend to get some body movement. Oh, they have to smile when they hit the balloon! Work them face muscles!
- Social – Make a list of at least one favorite treat the residents like and serve it at your social. Let each tell the group what they favorite treat is and why. This should make an interesting and fun treat tray that all can enjoy, but ask the residents to get their favorite first and after they tell why they like it, then everyone can try the treats that are left. If you have a very large group maybe you could break them up into several small groups so everyone has a chance to communicate.
- Sing-a-long – Sing happy songs that make you smile. Ex. You are my Sunshine, If Your Happy and You Know it...clap your hands, stomp your feet, say amen!
- Craft – Make smiley faces out of flour and water dough or clay. Use a circle cookie cutter or the top of any type of round container. Glass usually works best. Let them decorate the smiley faces with paint or glitter or whatever embellishments your have on hand. Make sure to poke a hole at the top so after they hard dry, then add a ribbon so the residents can hang them up in their room each time they need a smile.
- Cooking – Make sugar cookies so they can decorate them as a smiley face with icing, they will smile as they eat their treat.
- Movie – There are LOTS of movies that bring smiles to our face, so pick one or ask the residents which movie brings a smile or even makes them laugh and show it.
- Book Time – Read out loud (you, a volunteer or let the residents that are willing) to the group some short stories from any “Soup for the Soul” books....they all bring a smile to your face.

National Hollerin Contest Day:

This will be a loud day, but fun and different...for sure. Hollerin relieves stress, tension and is a good work out for your lungs and vocal cords as long as you don't overdo it and strain the vocal cords.

- Discussion group – Ask residents if they ever had to holler for children, on the farm or if they ever participated in a hollerin contest. This will get the residents reminiscing about their childhood or days on the farm. You may want to read the history of hollerin that can be found on this website www.ibiblio.org/hollerin/hollerin.htm.
- Listen and Learn – Let residents listen to some real hollerin...yes, they have CD's on people hollerin. You can find a list of Hollerin' albums on Answer.com by searching the word hollerin' and it will bring up a list. If you don't want to purchase the CD, check with your local library and they may even have a DVD...never hurts to ask.
- Game – Make up poster papers with different animals names and pictures on them. Pass them out to the residents face down and then one at a time ask the resident to turn over their paper and demonstrate how they would holler for that animal. If they don't know the real holler for the animal tell them to make up one...this should be interesting since they have to use their imagination or recall from their childhood or younger years on how to holler. Animal suggestions and yes you can have several of the same cards: pig, chicken, turkey, dogs, horses and even children...lol...who didn't have a parent holler their name to come in from the outside at supper time!
- Contest – Now that the residents as all warmed up have a hollerin contest to see who can properly holler for a pig, chicken, husbands out from the field, calling children in for supper or make one up for fun!

Watergate Day:

- Newspaper discussion – Pull out the old newspaper articles on the Watergate scandal to discuss with residents, they most likely will remember this from the Nixon years.
- Cooking – Make Watergate salad or Watergate cake, or both. They are easy to make. Recipes can be found on most any recipe site.
- Craft – Make an inside miniature water garden. Check out rubyglens.com then click on houseplants in the column on the left and scroll down and click on Miniature Water Garden. These instructions are very easy and give care information as well. You can find the vases at a dollar store or you can pick them up at Goodwill or yard sales to keep the cost down. Beta fish are optional and do not cost that much at Wal-Mart's.
- Social – Calling all residents to come enjoy the Watergate treats...
- Movie – suggestions: All the President Men, Deep Throat, Frost Nixon: The Original Watergate Interviews (1977)

Team Theme: (This is a theme, not a holiday. This day will be about building residents and staff as a team. Purpose is to communicate and work together in a creative manner to accomplish each task.)

- Team set up – Determine how many teams you will have and how many residents with at least two staff/volunteer members (more if willing). You can either decide you're the team members by their skill level and which staff members would be best to assist the team in their task, or you can put all the resident's names in a hat and draw their names for each team. You will need to do the same with the staff/volunteer. The announce doing the Team Set Up the team members. Encourage them to get together elect a name for their team and give it to you before the next activity.

June holiday activity suggestions compiled by Christine Jennings – NC

- 1st Team challenge – Balloon tower –Items needed for you: timer or stopwatch and tape measure. Items needed for the team task: 30 uninflated balloons, 2 rolls clear tapes.
 - Task instruction: The team will work together to build the largest free-standing balloon tower with all the balloons they have within the time frame. The team with the tallest tower wins the first challenge and should receive a Team Star to wear. (You can make fabric stars or you can purchase sticky back stars to wear or you can use metals you purchase in the party section at any party store.
 - Your task: You are to start the team with your stopwatch or timer. You must the teams how long they have to complete the task. It can be 15 or 20 minutes. If you think it would be easier for your residents and to save time have all the balloons blown, but not with helium because you do not want them to float. Blow them up the old fashion way...lung air. Once you have started the team take pictures of the team working together. Once the timer has rang then stop the team and measure the balloon towers. Make sure you record the measurement, and then announce the winner of the task by passing out the stars/metals. Make sure to congratulate them and encourage them to pull together for the next team challenge. The team with the most stars at the end of the day will receive a special prize, like a small trophy for each team member. You can also purchase them at the party store.
- 2nd Team Challenge – Egg Drop- Items needed for task: Eggs, 4 straws, masking tape and any other material you have on hand that you think will work to make a package to secure the egg from breaking when it is dropped. Time 30 minutes to build the package and 15 minutes for the drop and remember to clean up afterwards.
 - Team instructions: The team must work together to build an egg package to save their egg from breaking when it is dropped.
 - Your task: Provide all the materials for each team, give clear instructions and time the challenge.
 - Egg drop finally: Once the time is up instruct the teams to move to the appointed area for the egg drop test. This area must be somewhere high enough to drop the eggs in their package one at a time. The egg that has the least amount of damage wins the challenge. Give out stars/metals to the winning team. Recommended the drop zone should be at least 7 feet high if not higher. You may want to put down a large plastic table cloth to make the clean up easier since the eggs will not be boiled, but raw.
- 3rd Team Challenge – Blind Walk – Items needed for task: Any items to create an obstacle course, such as tables, stairs, chairs, etc. The purpose is to build trust between team members.
 - Team Instructions: The teams will divide members up in pairs of two. One person is blind folded and the other person leads. The lead person must guide the blindfold person from one end of the hall to the other while avoiding the obstacles. Once on the other side the next team members are ready to do the same. The first team to get all their members to the other side wins the task.
 - Your task: Set up obstacle course. Give teams instructions on task. Have blindfolds ready for the members that will be using them. The person being blindfolded needs to have blindfolds on before they go into the obstacle course area. This prevents them from see what they have to do and will not allow them to put their trust in their partner for this task. You can make this as simple or as hard depending on your residents' skill and functioning level. Make sure to give the winning team their stars or medals.
- 4th Team Challenge – Relay chair race – It's like a relay race where you carry the scroll and pass it on to the next team mate until the last member crosses the finish line, except you are in chairs

and the finish line is the last person. Set up chairs for each team and have enough for each team member. Each group of chairs should have the chairs set up in two rows with the back of the chairs together. This is so you will have equal number of group members on each side. You will also need a scroll or a stick with the team name painted on it.

- Team task - Have all players sit down in their groups and give the first person or leader the scroll/stick. The object of the game is to have each team member pass the scroll/stick to the person behind them as fast as they can until the last person has it and can either stand or yell STOP.
 - Your task – Have a stop watch to record time of the first team that yelled stop. You cannot allow any team members to throw or pass the scroll/stick in front or side to side, it must be over head or over the shoulder. Team members cannot look behind to see where the scroll/stick is. If they drop it then you might want to have them start all over again if you think the game will be over with too quickly. You can do this three or more times and the team with the highest score wins the challenge.
- 5th Team Challenge – Quote scrabble – Pick a famous quote and print out each word on poster paper so each team will have a set of the words that will make up the quote when put together. Mix up all the words and stack on a table for each team.
 - Team task – Using the words on their table put together the words to form the famous quote. All words are in the quote, so all words must be used. The first team to complete the quote correctly is the winner.
 - Your task – Have tables set up for teams, print words from a famous quote on poster paper and place a set on each table. You can give a hint to start the timing and if you see the teams are having a hard time you can give them a hint every few minutes until they guess and put the words in correct order.

Juneteenth: (June 19th) A celebration of the end of slavery in the US and a time for assessment, self-improvement and planning the future.

- Listen and Learn – Read and discuss the history of Juneteenth and ask questions to get a discussion group. Check Wikipedia.com for the history.
- Picnic – Serve it out doors of the facility, or take the residents to the park.
- Sing-a-long – Song suggestions found on Wikipedia are: Swing Low, Sweet Chariot, Lift Every Voice and Sing or you can play songs for them to listen to and I suggest the CD called “The Sound of Blackness”.
- Poetry reading – Read from African-Americans authors like Maya Angelou. All her poems and short stories.

Ice Cream Soda Day:

- Cooking/craft – Make homemade ice cream in an ice cream maker or this could be a craft by making ice cream in a bag. You can find the ice cream in a bag kaboose.com under crafts and in the search window type “homemade ice cream in a bag” so it will take you to the results page. The first listing is the one you will need to click on.
- Ice cream trivia – Create your own trivia about ice cream from the information on Wikipedia.
- Sensory - With all the different textures of ice cream now days you can make this a sensory learning experience. Serve small sample sizes of the different ice creams and have discussions on how they are different. Ice creams to try: real hand scoop ice cream, soft serve ice cream,

June holiday activity suggestions compiled by Christine Jennings – NC

Dippin Dots, Italian ice, freeze-dried ice cream and sorbet. Wikipedia has a list of different country ice cream/frozen treats that might be used if you can find them at a World Market store if you have one in your location.

- You scream, I scream, we all scream for ice cream – A quiz:
 - How many flavors of ice cream can you name? (The next time you visit your local ice cream shop take a list of their flavors to help with this question or go on line to an ice cream company for a list of flavors.)
 - How many ice cream companies can you list?
 - BlueBell
 - Ben & Jerry's
 - Breyers
 - Haagen-Dazs
 - Bassetts Ice Cream (oldest ice cream company – Philadelphia, PA)
 - Perry's
 - Pars Ice Cream
 - Dairy Queen
 - Baskin-Robins
 - Dylan and Pete's
 - Add any local ice cream companies or any that I have missed.
 - How many ice cream toppings can you name?
 - Chocolate syrup
 - Strawberry
 - Sprinkles
 - Nuts
 - Coconut
 - Chocolate chips
 - M&M's
 - Peanut butter chips
 - Whip cream
 - You can add your own favorite or ones I have missed.
- Ice Cream cart – Load up a thermal bag or cooler with different types of ice cream products and cart it up and down the residents' halls ringing a bell so they can get their ice cream treat. This could be considered a 1:1 if you stop at each room to talk to the residents about the ice cream truck in their neighborhood when they were kids. If you have a large facility with several floors, then have a cart for each floor under the direction of an assistant or volunteer. If you all start at the same time you should be finished around the same time if you consider the amount of time for each 1:1 visit. Since you will be carting ice cream you will not have a lot of time. If you see a resident is in need of a longer visit then make a note so you can revisit them later for a longer 1:1 visit.

Father's Day: (3rd Sunday in June)

- Miniature Gulf - Set up a mini gulf course in the court yard for the residents to play.
- Basketball - Set up a basketball hoop for the residents to play Nerf basketball.
- Horseshoes – Set up horses to let the residents play a couple of games.
- Dinner – Have a special dinner in honor of all the resident Fathers.
- Movie – Play some of the “Father knows best” shows.
- Rewards – Give special gifts to the oldest resident father and the father with the most children.

National Chocolate Éclair Day:

- Listen and learn – Read and discuss the origin of the éclair. See Wikipedia for information.
- Cooking – Make mini chocolate éclairs. A good recipe can be found on HubPages.com under Hubs then search chocolate éclair.
- Word scrabble – Have a list of pastry names and scrabble the letters so the residents can unscramble them. Divide them up in teams for some friendly competition. Suggested words:
 - Éclair
 - Doughnut
 - Danish
 - Cake
 - Pie
 - Cinnamon rolls
 - Bear claws
 - Coffee cake
 - Lemon squares
 - Brownies
 - Cookies
 - Funnel cake
- Social – Enjoy the mini chocolate éclairs with decaf coffee or tea while listening to some relaxing music.
- Movie – Suggestion: Chocolat (I did not spell it wrong, that is how the movie spells it...no e at the end. It is a 2000 movie and it is a really good movie).

National Pink Day: (June 23rd)

- Facility activity – Ask everyone to wear pink, anything pink and to say things like “Have a pink day!” or any kind of funny, cute phrase relating to pink. Give each staff and resident a pink flower to wear if you don’t want to ask them to wear pink. If flowers are too expensive, then make a pink ribbon like the Breast Cancer ribbon and give it to them to wear.
- Community project – Since it is National Pink Day, they take up a collection and donate the money to the local Breast Cancer Society from your facility resident and staff. Make a large card for all to sign to give along with the donation. If you don’t have a local unity, then see if the hospital or Red Cross knows someone that has breast cancer that is having a hard time and send the donation to them. Your facility is making a difference in someone’s life and that is a worth wild cause.
- Craft – Decorate a hat, tie or apron with anything pink. Paint, gems, feathers, ribbon, string, pompoms, just want ever you have on hand that is pink and can glue it on.
- Fashion show – Show off their handy craft work with a fashion show where everything is pink!
- Cooking – Make pink lemonade.
- Game – see how many words they can make using the letters P I N K...they can add letters or rearrange them, but must use all the letters from the word pink in their new word. Ex. **sprinkle** or **Peking**. This is harder than you may think, so get a list of words before you start for just in case.
- Movie – suggestions – Pretty in Pink, Pink Panther, Legally Blonde (that girl really loves pink)

June holiday activity suggestions compiled by Christine Jennings – NC

Museum Comes to Life Day:

- Outing - Trip to the local museum
- Movie – Night at the Museum
- Social – Serve snack and discuss the outing and movie.

Log Cabin Day (June 25th)

- Cooking – pancakes with Log Cabin syrup
- Game – Get some building Logs and let them go wide with creating their own Log Cabin.
- Education: Log Cabin history and style (Ref: <http://logcabinarchitecture.jeannieland.com/>)
- Game – Log roll – Divide the residents into two groups lining them up in rows facing each other. Have them all seated and let them roll the log to the person across from them, then that person will roll it to the next person on the other side. Keep this going until they all have done it at least once. Once everyone has had a turn then roll have them roll it to the ever third person, then every sixth. The point is to get the resident to use more strength to get the log to roll further than the time before. You don't have to use a real log, use a brown cylinder cardboard tube to start. If the tube is more of a container then add something to it to give it some weight. This will increase the need to apply more strength. Just remember not to make it too heavy because the person on the other side must stop it so they can direct the next roll.
- Game – What can you do with a log? Make up a list of things you can do with a log and ask your residents see if they can name all the uses for a log that you have on your list. You will have to print out your log list one on each paper or some residents will say you are making them up as you go along. Each time a resident can name one of your log uses, then pull it out and place it up for all to see. Here are some ideas to get you started:
 - Build a fire
 - Build a cabin
 - Walk on across it
 - Roll it
 - Chop it
 - Grow moss on it
 - Use it as step
 - Beavers build dams with it
 - Carve it into a wooden statueOkay, you get the idea...

Baseball Day: (This is a theme, not a holiday)

- Remembering the baseball legends – Have a list of baseball hall of famers to discuss with the residents.
- Nerf baseball – Divide the residents and staff up into teams. Play a game of Nerf baseball or if you residents are able then play a game of real baseball, just a little slower and safer.
- Social – Serve the all time favorites: hot dogs boil peanuts, popcorn and cracker jacks.
- Card Exchange – Purchase several packages of baseball cards and let the residents' trade for their favorite player.
- Team Match – Get a list of baseball players (old and new) and a list of the team's name that the players played for to prepare for this game. Ask residents to match the player to the team.

Famous Couples: (theme not a holiday)

- Game – Match the couples that belong together. You can give hints if you need to. For information on each couple check out biography.com. In the search window type famous couples and click on the recommended site “Famous Couples Mini Site”, then click on The Timeline of Love. Here are a few couples to give you an idea of couples to use for the match game:
 - Nefertiti and Amenhotep IV
 - Antony and Cleopatra
 - Abigail and John Adams
 - Napoleon and Josephine
 - Annie Oakley and Frank Butler
 - Franklin E. and Eleanor Roosevelt
 - George Burns and Gracie Allen
 - Bonnie Parker and Clyde Barrow
 - Lucille Ball and Desi Arnaz
 - Humphrey Bogart and Lauren Bacall
 - Prince Rainier and Grace Kelly
 - Paul Newman and Joanne Woodward
 - John Lennon and Yoko Ono
- Fashion Show – Have a famous couples fashion show. Let couples and staff dress up in the same time era that their favorite couple was famous in. When they are modeling don’t give the name of the couple they have chosen, just give three hints as to who they are. Let the other residents vote on who they are. The couple with the most correct votes wins.
- Game – Name things that are usually coupled together:
 - Peanut butter and jelly
 - Apple pie and vanilla ice cream
 - Table and chairs
 - Knife and forks
 - Sun and sky
 - Moon and stars
 - Day and night
 - Salt and pepper
 - Bacon and eggs
 - Okay, I think you get the idea so add your own and see how many the residents will get too.
- Social - Have a social so couples can dance, serve perfect pear desserts.
- Movie – Suggestions: Frankie and Johnny, Bonnie and Clyde, Lucy & Desi: Before the Laughter

Paul Bunyan Day:

- Facility activity – Ask all staff and residents to wear a plaid shirt in honor of Paul Bunyan Day. Then have everyone vote on who had the brightest plaid shirt.
- Discussion group – Read the story of Paul Bunyan and discuss the myth with the residents. Ask them if they remember any other American folk tale from their childhood.
- Social – Birthday party to honor the date the story of Paul Bunyan’s birth. Serve birthday cake and ice cream with coffee or tea to drink.

June holiday activity suggestions compiled by Christine Jennings – NC

- Tractor show – Set up a display of tractor toys and pictures for the residents to view and talk about.
- Word search – Make a copy of the Paul Bunyan story and make a list of words for the residents to search for that are in the story. If the words are repeated that will make it even better. You may have to enlarge the copy of the story so residents can see clearly. The story can be found at any library or check it out on paulbunyantrail.com.

Camera Day:

- Facility activity – Purchase some disposable cameras to pass around to the staff for picture taking to day. Ask staff to take pictures when they see a “Kodak moment” with residents and other staff members. When they have taken a picture then they need to pass on the camera to another staff member. Keep these going until the cameras are out of film. This will be interesting to see what types of pictures come out when developed. You can display them after you get them developed or use a one hour photo and display them before the end of the day.
- Listen and Learn – Read and discuss the history of the camera. Wikipedia.com has the history with pictures of the camera.
- Glamour Shots – Set up a beautiful background and let the resident dress up for a glamour picture. Fix their hair and make-up, straighten their tie and make sure they have shaved before taking their picture. If you use your digital camera you can either print the photos or down load them on a CD to take to the print shop to print.
- Freeze Frame – This is a game; however we will use it more for exercise. Play music and have residents dance, wave their hands, move their feet, whatever they can do as long as they can move, when the music stops they freeze.
- Movies – Play some old Candid Camera shows, which can be found on DVD's.

National Corvette Day:

- Listen and Learn – Read the history of corvettes on Wikipedia.com has the history of the Corvette.
- Car Show – Contact your local car club and ask them to bring out the old cars to show the residents.
- Game - Have different year model cars (Hot Wheels should work just fine) and see if the residents can match the car with the year.
- Craft – Let residents put together a model car. Wal-Mart has some easy kits or you can try Hobby Lobby for easy kits for them to try.
- Cooking – Make stop light Jell-O Jigglers. Make one of each red, green and yellow Jell-O per instructions on the box. Take a round cookie cutter and cut out enough of each color to all residents can have one red, yellow and green light. Then place them on a gram cracker. This is a stop light Jell-O Jiggler.
- Movie – Watch the cartoon movie “Cars”.