



# The Rec-Room

Published Monthly By  
**Re-Creative Resources, Inc.**  
Education, Consultation, and Resources for  
Recreation and Activity Professionals

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Recreation Directors in LTC

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## Last Minute National Activity Professionals Week Ideas

As you know, next week, January 18<sup>th</sup>-23<sup>rd</sup>, is National Activity Professionals Week. You're probably tired of hearing me say that! After the hustle and bustle of the holiday season, the last thing you may feel like doing is organizing celebrations and recognition programs for yourself and your department. But it's important to take the time to honor our glorious profession. No one does what we do! Remember that!

I created a webpage FULL of great ideas of how to celebrate the week. If you have a few minutes to browse the page, visit [www.recreativeresources.com/management-act-prof-week.htm](http://www.recreativeresources.com/management-act-prof-week.htm)

However, if time is limited and you don't feel like visiting dozens of websites to find ideas and information, I recommend that you consider some of the products available to you from Re-Creative Resources Inc. I have some great recreation training games, puzzles, poster board pintables, handouts, and much more that can easily and quickly turn next week into a fun and educational Activity Professionals Week. Check these out!

### Activity Word Puzzles

Location: [Activity Resource Center](#)

Host a raffle drawing. Print a bunch and put them in the lobby



## Activity FUN-damentals: How therapeutic activities benefit the elderly

By Re-Creative Resources Inc.

[Click here to see the movie](#)



## Activity Professionals in ACTion

By Re-Creative Resources Inc.

[Click here to see the movie](#)

### Products and Services

- \*Free Job Post (*national*)
- \*Activity and TR Resources
- \*Forms and Manuals
- \*Recreation Department Review Manual (*a must!*)
- \*Interdisciplinary Approach to Quality of Life In-Service (*just \$15*)
- \*Free Forms and Materials (*over 30*)
- \*Guest Book (*Say hi!*)

with a box or basket for completed puzzle entries. At the end of the week, draw one or two names and announce winner. Simple but effective!

### More Than Just Bingo Game

Location: [Activity Resource Center](#) or [purchase separately \(\\$8\)](#)

Great leisure education activity for facility staff and residents. You can host a "More Than Just Bingo Game" for the residents and/or the staff, or better yet, combine it, and invite residents, family, staff and family members. As you call out various activities, use this as an opportunity to promote activities. Give out prizes, serve refreshments, play music, etc. Just print out the bingo cards provided and make a lot of copies.

### Tri-Fold Story Boards

Location: [Activity Resource Center](#)

There are two story boards (Activity Types and Benefits of Activities) you can make in just a matter of minutes. You need 2 tri-fold story boards/posterboards and a glue stick. Just print out the power point pages and glue them on. It is really quite simple. Put your displays on a table in the lobby with some balloons.

### Educational Handouts for your lobby display

Location: [Activity Resource Center](#)

There are two ready to print and copy handouts you may use: Role of the Recreation Department and Benefits of Therapeutic Activities. You may also choose to display your activity calendars, newsletters, photo albums, poems, etc.

### Activity Professionals Week Flyer

Location: [Activity Resource Center](#)

Just print out the Activity Professional Week Flyer and post throughout the facility. It's general enough to use in all facilities.

### Activity Professionals Week Certificate

Location: [Activity Resource Center](#)

Even if you are not doing a structured, planned ceremony or awards program, you can still print this Activity Professionals Week certificate for each of the Activity staff.

### I Did That Leisure Game

[\\*Activity Resource Center](#)  
[\\*Re-Creative Resources' Blog](#)  
[\\*The Rec-Quest \(Q&A Forum\)](#)  
[\\*Activity Swap Meet \(New\)](#)

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[www.recreativeresources.com](http://www.recreativeresources.com)

### Location: [Activity Resource Center](#)

This is an easy ice breaker-type activity that can be used with residents, department heads, facility staff, or anyone. Plan to do this during a morning meeting or department head meeting, care plan meeting, before resident activities (or as an activity), over the loudspeaker, before a meal in the dining room, as part of an in-service, etc. It's such an easy activity to implement and requires no planning or supplies.

### Press Release

#### Location: [Activity Resource Center](#)

Use this sample press release as a guide to writing one for your facility.

### Breaking Down the Silos In-Service

#### Location: [purchase separately](#) (\$15)

This is a 30-60 minute in-service regarding an interdisciplinary approach to quality of life. It is perfect for mandatory facility staff training and comes with teacher's notes, powerpoint presentation, student manual, an icebreaker, outline and post test. All you have to do is schedule and facilitate. All the prep work is done for you.

### Recreation Jeopardy

#### Location: [purchase separately](#) (\$8)

This is a great game for your activity staff. You may also use this as a training session or in-service. It's much more fun learning by playing a game. The game comes with 2 rounds of questions relating to activities, documentation, techniques, regulations, etc.

### Tic Tac Techniques

#### Location: [purchase separately](#) (\$9)

This is a fun game designed to educate activity professionals about various types of facilitation techniques. Use this as an in-service or just a fun game. The game includes 3 rounds of play, a reference list and a master board for each round.

### Activity FUN-damentals and Activity Professionals in ACtion

#### Location: [Buy today!!!!](#) (\$7 plus shipping and handling)

This DVD comes with two 4 and a half minute videos. Both movies are just perfect to show during Activity Professionals Week. For more information visit [www.recreativeresources.com/videos.htm](http://www.recreativeresources.com/videos.htm)

*As you can see, there is still some time left to organize a wonderful Activity Professionals Week. So, what are you waiting for? This is your time to shine!*

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