



The Rec-Room

Published Monthly By
Re-Creative Resources, Inc.

To download a pdf. version of The Rec-Room visit www.recreativeresources.com/newsletter-archives.htm

Editor

Kimberly Grandal BA, CTRS,
ACC/EDU
Executive Director

Inside This Issue

- *Kim's Corner
- *National Nursing Home Week
- *STARS Winner
- * Ginger's Creative Costumes:
Strawberry Day
- * Licensing agreement with the
Motion Picture Licensing Corporation
(MPLC)
- *May Webinars/Private Webinars
- *NCCAP Symposium



Kim's Corner

I hope that everyone is having a glorious Spring thus far. This is the time of year for convention going

and seminars. There seems to be a lot of education going on. Makes sense since the flowers are blooming and the leaves are turning green, so should our knowledge bloom and grow.

The highlight of my month was speaking for the Lancaster Activity Director's Association (LADA) in Pennsylvania. I was so impressed with the way in which they planned and executed their all day workshop. Everyone was so cordial and helpful. Simply an amazing group of Activity Professionals. If you are in the

NATIONAL NURSING HOME WEEK

May 8-14, 2011

Fulfilling the Promise

The American Health Care Association (AHCA) announced its theme for the 2011 National Nursing Home Week (NNHW) observance: ***Fulfilling the Promise.*** National Nursing Home Week, sponsored by AHCA, will be celebrated in nursing and rehabilitation facilities nationwide, beginning Mother's Day, May 8, and continuing through May 14, 2011. This year's theme was selected to honor those who are "Fulfilling the Promise" by serving others, thus adding value to life and helping to overcome many of the infirmities of age and disability. [Visit the AHCA website for more information.](#)

Many Activity/Recreation Departments coordinate National Nursing Home Week and know that themes are a great way to spruce up any activity program or special event. When planning themed activities, consider incorporating the following:

- Cognitive activity such as discussion, word game and/or trivia
- Physical activity such as exercise and/or physical game
- Educational activity such as discussion, videos, guest speaker
- Sensory-incorporating all 6 senses
- Creative activities such as music, writing, arts and crafts
- Food-related activities such as cooking, socials, etc.
- Special Events

It's not too late to plan for National Nursing Home Week!
For fantastic themed activities visit [Christine's Themes](#).
For additional ideas visit [click here](#).

Purchase the Special Event Planning form for Just \$7

This two-page form will help you plan your Special Events. Every aspect of planning an event is covered from necessary supplies/equipment, tasks,



Lancaster area you should consider joining this group-you won't be sorry! These marvelous folks totally impressed me! Their contact information is located on the [PAPA Website](#). Thanks LADA for inviting me to present to your group!

Be sure to check out my [May webinar schedule](#) as well. If you're unable to attend conventions and seminars or just need a few hours or are just interested in gaining some knowledge, then these webinars are for you!

Happy May!

Activities: Life: Enhanced

Kim ☺

May Webinar Schedule

All sessions are NCCAP approved
PRIVATE GROUP SESSIONS ARE AVAILABLE! GREAT INSERVICES!
[LEARN MORE](#)

Tuesday, May 17, 2011

Person Centered Activities:

For the Good of the Individual

12:00pm-1:30pm (EDT)

CE's 2 hours

1.5 hours of live session and .5 hours of independent assignment

NCCAP Approved

\$35 per person

[Register/Learn More](#)

Thursday, May 19, 2011

Train the Trainer: Staff

Development Tips for Recreation Directors

8:00pm-9:30pm (EDT)

CE's 1.5 hours

NCCAP Approved

\$25 per person

[Learn More/Register](#)

Tuesday, May 24, 2011

Getting Good Players to Play

Together: Creative Team Building and Motivation Techniques for the Recreation Professional

8:00pm-9:30pm (EDT)

CE's 3 hours

setting up/cleaning up, responsible parties, deadlines, etc. Once you plan an event using this form, save it on your computer and refer back the next time you do the same event. Makes planning fun and easy! You also receive a "Casino Day" planning form to serve as an example. [Buy Now!](#)

The May 2011 STARS Winner Cortney Cohen

The May, 2011 Re-Creative Resources Inc. STARS winner is none other than Cortney Cohen from Amber Court Assisted Living facility. Here's what Cortney's supervisor, Ginger Bonner, has to say about her:



"Cortney Cohen began her career as the receptionist at Amber Court Assisted Living in Westbury, NY where I am the Activity Director.

I was eagerly seeking help! Every day, I would walk in and see Cortney answering phones and greeting residents with a big smile on her face. I was interviewing people for the job, but I knew that the answer was behind that desk! She had no experience in the recreation field but her enthusiasm, eagerness and positive attitude made me sure that she was the girl for me! I had to wait awhile until they found another receptionist but it was so worth the wait. She started on American Indian Day (a Ginger Day) and came in dressed up in an Indian costume with twigs to show the residents how they made signs. That was in November 2009 and since then, Cortney has proved to be everything someone in recreation should be. She is compassionate, energetic, creative, loving, fun, spontaneous and dedicated. She is a good planner and problem solver and is always willing to do whatever is necessary to make the residents happy. It is hard to be in a room with her and not smile. She is always willing to do whatever it is to help me create an atmosphere of love, music, learning and laughter. I hereby nominate Cortney Cohen for the May Re-Creative Resources Inc. STARS award because of her outstanding dedication and love to the residents of Amber Court."Sincerely,
Ginger Bonner



The STARS Award (Superior Therapeutic Activity and Recreation Services) features outstanding Activity and Recreation professionals and practitioners. Recipients of the STARS Award will receive a certificate and a mention in the Rec-Room and an induction into the Hall of STARS on the Re-Creative Resources Inc website. If you know of anyone that should be featured, [please let me know!](#) Are the STARS out tonight in your facility? [Learn more about the STARS Award.](#)

1.5 hours of live session and 1.5 hours of independent assignment
 NCCAP Approved
 \$40 per person
[Learn More/Register](#)

Thursday, May 26, 2011
Never Too Old to Learn:
Educational Activities for the Elderly

12:00pm-1:30pm (EDT)
 CE's 3 hours
 1.5 hours of live session and 1.5 hours of independent assignment
 NCCAP Approved
 \$40 per person
[Learn More/Register](#)

Re-Creative Resources Inc. Webinars

Where learning is never more than a click away!

Live, affordable, easy, interactive, fun, NCCAP-approved

www.recreativeresources.com

NO WEB CAM NEEDED
EASY TO ACCESS
LIVE – INTERACTIVE
AFFORDABLE

KNOW YOUR RIGHTS BINGO

Learn about Residents' Rights the fun way!
 Microsoft Word and PowerPoint versions available.

	K	N	O	W
7	15	27	37	
Resident abuse	Basic services	Price lists	Basic charges	
2	18	30	45	
Needs and preferences	Right to resident's belongings	Participate in discharge	Personal property	
1	16	28	38	
Personal dignity	Know charges	Refuse work	Auditions	
5	13	32	47	
Resident Council	Privacy	Friends and relatives	Facility emergency exercises	

Showing Movies in Nursing Facilities and Senior Communities-News Update

The motion picture industry has

GINGER'S CREATIVE COSTUMES AND ACTIVITIES: STRAWBERRY DAY

By Ginger Bonner



Strawberry day will bring out the inner child in anybody and it is so simple and fun to create. Like with most of my theme days though, color is very important. Make sure you get the message across for the residents to wear solid red. The only thing required to create human strawberries are brown and green construction

paper. Cut out leaves from the green to tape around the neck and small ovals for the pits as seen in the pictures. The average strawberry has 200 seeds but you'll be busy all day if you apply that many! This is a great website that has lots of information that you can share with the residents www.londonstrawberryfestival.com/facts.htm

I also have a few "Strawberry Shortcake" glasses and hats from the popular children's character that I wear and put on residents to take pictures. At the dollar store, I buy strawberry shampoo or something else strawberry related to give as bingo prizes. If I have an entertainer that day, I call it the "Strawberry Festival" and give out strawberries during the party. The point is that the day is yours. It would be hard to have bingo, entertainment, strawberry trivia, word search and cooking all in one day so do what is good for you and meets your budget and needs.

If you have cooking that day, there are endless possibilities of what you can make. Simply google strawberry desserts (short cake, muffins, Jell-O, cake, etc.) and you'll find a lot of great recipes. [Click here](#) to see more of Ginger's creative costume ideas.

Attention Activity/Recreation Associations- You Can Offer Webinars to Your Members!

There are two ways to utilize Re-Creative Resources Inc. webinars to provide continuing education for your association, group, or department.

targeted senior living communities in the imposing and collecting of license fees for the showing of their copyrighted (film) materials for years now. It's been an on and off issue-one that wasn't clear until now.

Leading Age and AHCA/NCAL have reached a licensing agreement with the Motion Picture Licensing Corporation (MPLC) to clarify when their members will need a license and pay a licensing fee to show movies to their residents in common areas or via closed circuit TV systems.

[Click here](#) to read this very important article from Leading Age.

[Download additional information here](#)

NCCAP Symposium

June 2-4, 2011

NCCAP will be holding a two-day Educational Symposium in Cincinnati, OH at Holiday Inn. Don't miss this fantastic educational event. I'll be there and hope to see you!

**Happy 25th Anniversary
NCCAP**



[Check out the new video on YouTube about NCCAP certification.](#)

Products, Services & Info.

*Free Job Post

*Activity and TR Resources

*Guest Book (Please say hi!)

*Activity Resource Center

*Re-Creative Resources' Blog

*The Rec-Quest (Q&A Forum)

*Activity Swap Meet (cool ideas)

1) Since more and more people are asking their associations to offer on-line training, Re-Creative Resources Inc. has the perfect solution! Your association hosts the webinar- just like with a seminar when you hire a speaker. Participants would join the webinar from their own location.



Private group rates are available.
[Click here for prices.](#)

2) If your members aren't really interested in joining a webinar you can still utilize the webinar format. Your association hosts the session. You gather participants in one room, set up a screen with LCD projector and speaker phone or speakers on a computer, and have it play out like a seminar, except that the speaker is not in the room. You have the advantage of having a great presentation without the added expenses of travel and higher speaking rates. This option is great for groups that have monthly meetings and are looking for contact hours and for departmental in-services.

In both options the association/group:

- Hosts the webinar.
- Advertises for the session.
- Organizes registration and collects registration fees.
- Notifies registrants of webinar log in information (if applicable).
- Handles certificates and evaluations.

In both options Re-Creative Resources Inc.:

- Handles NCCAP approval (all sessions are NCCAP approved so your association doesn't have that cost or process to deal with).
- Provides webinar log in information.
- Provides handouts.
- Gives a 1.5 hour live presentation in which participants see a PowerPoint presentation and hear the speaker. Sessions are interactive in a variety of ways whether via phone, microphone, or use of a chat box.
- All sessions have either a post test or comprehension assignment that participants have to complete in order to receive ce's.
Re-Creative Resources Inc. grades all assignments.

Contact [Kim](#) for more information regarding this great opportunity!

Social Networking

Check us out around the web and join us for networking, news, resources!

[*News and Announcements](#)

[* Who's Who](#)

Contact Kimberly Grandal

*Phone: 732-340-1210

*Email:

kimgrandal@aol.com

*Visit our website

www.recreativeresources.com

facebook

[Re-Creative Resources on Face Book](#)
[Friend Kim Grandal on Facebook](#)

You Tube

[Re-Creative Resources on You Tube](#)

Blogger

[Re-Creative Resources on Blogger](#)

**Ezine
@rticles**

[Re-Creative Resources on E-zine Articles](#)

Linked in

[Kimberly Grandal on Linked In](#)

© Re-Creative Resources, Inc. All Rights Reserved.