



The Rec-Room

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Kim's Corner

Hi! Wow, the summer is almost over. I cannot believe it. I hope each and every one of you enjoyed the summer and had an opportunity to take some well deserved time off to spend with family and friends.

I am so excited to introduce to you a fantastic colleague of mine, Ms. Aimee Montgomery Wilson, CTRS, ACC. Aimee will be co-presenting the Learning Buffet Workshop with me, as well as several webinars. Aimee and I have worked together on other projects and we are both on the board of directors of NJAPA so I know we will produce sensational educational sessions. Please welcome her and take a moment to learn more about this dynamic professional by reading her bio below.

There are many educational opportunities for you and your staff that I have available in the Fall. If you're not in the NJ area, there is an

BACK TO SCHOOL ISSUE

Fall Education-2009

It's back to school time! Re-Creative Resources has put together a fantastic Fall, 2009 schedule of educational events created for activity professionals, activity practitioners and recreation

therapists. There are several seminars and workshops scheduled in NJ in addition to a large variety of on-line webinars. Whichever you choose, all sessions are NCCAP approved, fun, interactive, affordable and offer opportunity to win prizes and network. Scroll down to learn more or simply watch a video overview by clicking on the box above.



Fall Webinars (NCCAP Approved)



Re-Creative Resources Inc. offers education via the web. Webinars are a great way to learn and gain continuing education credits, while being able to interact with the instructor and other attendees. Each live session is NCCAP approved for 1.5 CE's, interactive, educational, affordable, and fun. The fee is just \$30 a person for each session. Group rates and private sessions are available. Many times and dates are scheduled to accommodate your busy schedule. Some of the sessions that will be offered this Fall include:

- *Person Centered Activities: for the Good of the Individual*– is designed to provide information that will assist activity and recreation professionals in the development and provision of person-centered

incredible line up of webinars available from September through November. I am going to be busy this Fall presenting these seminars and webinars as well as other speaking engagements for state and local groups, so I do hope to see you! Please stop by and say hi! If not, join Re-Creative Resources on [Facebook](#), visit the [guestbook](#) or send an [email](#).

"The real voyage of discovery consists not in seeking new lands, but in seeing with new eyes." Marcel Proust, French novelist

Happy Back to School!

Life. Be in it! *Kim* ☺



Meet Aimee!

Aimee Montgomery Wilson CTRS, ACC is a Business and Leadership Coach at her company, Ripple Coaching and

Consulting. Since 1987, Aimee has worked most of her career in long term care with periods of work in adult day care for developmentally disabled adults and substance abuse. She is an Activity Consultant Certified by the National Certification Council for Activity Professionals, and a Certified Therapeutic Recreation Specialist by the National Council of Therapeutic Recreation Certification. Since 1997, Aimee has been an assistant instructor for the MEPAP course.

Aimee has been trained in the American Therapeutic Recreation Association's Dementia Practice Guidelines by the authors of the guidelines, by the NY Chapter Alzheimer's Association as a support group leader and by NYU as an Executive Coach. She currently serves on the New Jersey Activity Professionals Association as the Marketing Chairperson. Aimee served as the coordinator of a Dementia unit that was granted through the NYS Department of Health entitled, Pieces of the Puzzle: The Use Of Pervasive Therapeutic Recreation Activities in a Person Centered Care Dementia Unit.

activities in long-term care, assisted living and adult day care.

- *Decreasing the Barriers to Recreation and Activity Pursuits Through Adaptation* is designed to provide information that will assist activity and recreation professionals on the provision of various adaptation techniques to enhance the quality of life of those with limitations or disabilities.
- *Talking Shop: Men's Programming Ideas for Recreation Professionals* is designed to provide information that will assist activity and recreation professionals in the development and provision of meaningful activities for the male population.
- *Train the Trainer: Staff Development Tips for Recreation Directors* is designed to provide information that will assist recreation directors or supervisors in the development and provision of an on-going employee training program.
- *Off to a Great Start: Employee Orientation Tips for Recreation Directors* is designed to provide information that will assist recreation directors or supervisors in the development and provision of a successful employee orientation program.
- *Never Too Old To Learn: Educational Activities for the Elderly* is designed to provide information that will assist activity and recreation professionals on the development and provision of a large variety of educational activities specifically designed for the elderly.
- *Coaching Your Team to Excellence: Real Time Techniques for Staff and Volunteers* is designed to develop leadership and management skills through proper application of techniques and concepts using coaching as the medium for growth and empowerment.
- *Developmental Disabilities: An Overview for Activity and Professionals* is designed to provide recreation/activity staff with foundation knowledge of characteristics of common developmental disabilities, implications for recreation and activities, an understanding of disabilities and aging and more.

To learn more about these sessions

and the Fall schedule visit

www.recreativeresources.com/webinars.htm

She was also involved in a huge project working with the facility staff and 1199 Union to train the facility's staff in person centered care and meaningful activities as part of culture change as well as being trained in wireless technology and hands free communicators.

facebook

Re-Creative Resources Inc. is now on Facebook. Come join our [Re-Creative Resources' GROUP](#) for networking, news and reconnections!

YouTube

Visit the [Re-Creative Resources Inc. You Tube Channel](#). You can **subscribe, comment and view our videos and some of our favorite videos as well.**

Back to School Savings!

Buy one of these training products and receive one of equal or less value, for FREE. Offer ends September 15, 2009.

*Tic Tac Techniques: A Recreation Facilitations Techniques Game (\$9)

*Medical Abbreviation Bingo (\$8)

*Recreation Jeopardy (\$8)

*Recreation Documentation Jeopardy (\$5)

*Leisure Bingo (\$8)

*Recreation Orientation Manual (\$18)

*Breaking Down the Silos: An Interdisciplinary Approach to Quality of Life In-Service

September Raffle

Enter the September raffle for a chance to win a \$500 voucher from [The Activity Professional's Career Development Center](#)! Yes, you read correctly-**\$500!** This voucher is good toward the MEPAP 2nd edition. Simply enter the raffle drawing by contacting [Kimberly Grandal](#). Please be sure to put **Raffle Drawing** in the comments

Fall Seminars and Workshops in NJ

Re-Creative Resources Inc. Workshop: A Learning Buffet for Recreation Professionals

Thursday, September 17, 2009,
Daughter's of Miriam Center, Clifton,
NJ 8:30am-4:00pm
NCCAP approved for 6 CE's (\$125)

Kim Grandal, CTRS, ACC and Aimee Montgomery Wilson, CTRS, ACC team up for this all-day extravaganza Looking to stir up some fresh ideas, nourish your brain with new skills, and feed your spirit through networking with peers? Well, join us for this "buffet" of educational sessions. There are four 1.5 hour sessions in this all day workshop which include:

- *Never Too Old to Learn: Educational Activities for the Elderly
- *Developmental Disabilities: An Overview for Activity and Recreation Professionals
- *Talking Shop: Men's Activity Program Ideas for Recreation Professionals
- *Coaching Your Team to Excellence: Real Time Techniques for Staff and Volunteers.

So, if you're hungry for knowledge and thirsty for continuing education credits, then you do not want to miss this workshop! Continental breakfast and lunch will be served.

Recreation Facilitation Techniques: Theory and Practice in Long-Term Care

Thursday, October 8, 2009, Lincoln Park Care Center, Lincoln Park, NJ,
8:30am-1:00pm

Presented by Kimberly Grandal, CTRS, ACC
NCCAP approved for 4 CE's (\$85)

Whether you are a seasoned recreation professional or new in the field, this session offers an overview and tips for a variety of recreation and activity techniques that may be utilized to enhance the quality of life and functional status of LTC residents. Areas covered include, but are not



**NCCAP APPROVED
SEMINARS in NJ**

FALL, 2009

www.recreativeresources.com

section. A random winner will be selected and announced in the October issue of The Rec-Room. The deadline for entry is **September 20, 2009**. **Please note: all entries are kept confidential and are for the sole purpose of winning a fantastic prize. Don't miss out!**

Activity Resource Center

This serves as a reminder that the introductory price of just \$45.95 for the first year membership to the Activity Resource Center, will end September 30th. As of October 1st the price will be increased to \$60 for the first year. The annual renewal of \$9.99 remains the same. So if you are not a member and have been thinking about joining, then join today before this introductory offer ends.

To learn more or to register
Click here

Happy
National Adult Day Services Week
September 20-26, 2009
"Enriching Lives Through
Wellness and Creativity"
Visit the **NADSA** website for ways
to celebrate

Happy
National Assisted Living Week -
September 13-19, 2009.

Products, Services & Info.

- *Free Job Post
- *Activity and TR Resources
- *Forms and Manuals
- *Recreation Department Review Manual
- *Interdisciplinary Approach to Quality of Life In-Service
- *Free Forms and Materials (*over 30*)
- *Guest Book (*Please say hi!*)
- *Activity Resource Center
- *Re-Creative Resources' Blog
- *The Rec-Quest (Q&A Forum)
- *Activity Swap Meet (cool ideas)
- *News and Announcements

limited to: validation, milieu therapy, humor, remotivation, adapting activities, spirituality, leisure education, program leadership guidelines, one-to-one programming, and much more. *All participants receive the Re-Creative Resources Inc. training game, "Tic Tac Techniques".* A continental breakfast will be served.

Taking the Write Path: Recreation Documentation for Quality of Life

Thursday, November 12, 2009, Parker at Stonegate Assisted Living Facility, Highland Park, NJ

8:30am-5:00pm

Presented by Kimberly Grandal, CTRS,ACC

NCCAP approved for 7 CE's (\$145)

Tired of taking the wrong documentation path? Well, join us for a fun all day documentation seminar that will help put you on the "write path"! This is an intense and comprehensive workshop that meets the documentation component of NCCAP's Track 5 for Activity Director Certified. Participants will engage in group exercises and fun games! Topics include: assessment, care planning (traditional and I care plans), RAPs, MDS 2.0 and MDS 3.0 update, progress notes, and attendance records) *All participants receive downloadable documentation forms and tools.* Refreshments and lunch will be served.

To learn more or to register for these seminars

Please visit

www.recreativeresources.com/seminars.htm

Activity Professional's Career Development Center-MEPAP 2ND Edition Now On-line

The Modular Education Program for Activity Professionals prepares you to work in a geriatric care setting to improve the lives of older adults.

Through this 180-hour internet-based course you will learn:

- The foundations of the activity profession
- How to develop and implement a therapeutic program of activities



* [Who's Who](#)

Contact Kimberly Grandal

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***Visit our website**
www.recreativeresources.com

- How to assess clients and plan for optimal outcomes
- How to successfully manage your Activity Department
- How to become a better leader
- So much more!

Instructor: Stephanie Courtney, MS, CTRS/ACC

NCCAP Pre-approval pending

Now enrolling students!

Enter the Rec-Room raffle for a chance to win a \$500 voucher toward the MEPAP 2nd Ed.

For more information or to register for this course, click
www.activityprocdc.com

Recreation Workshop in the Hudson Valley NY Area

On September 15, 2009 at Putnam Ridge, a NYMED Health Care facility in Brewster, NY, the Hudson Valley Activity Professionals Association is hosting their 2009 Fall Workshop, *Employee Training Techniques*. Presented by Kimberly Grandal, CTRS, ACC, Executive Director of Re-Creative Resources Inc., this session is designed to provide information that will assist recreation directors or supervisors in the development and provision of an on-going employee training and orientation program. Areas covered will include: benefits and purpose of training, mandatory education, training suggestions, the development of training and orientation programs, and incorporating fun into the training process. Networking begins at 8:30am and the session is from 9:00am-12:00pm. Following is a complimentary lunch. The session is NCCAP-approved for 3 CE's.

For more information and registration, please email [Linda Redhead](mailto:Linda.Redhead@recreativeresources.com), Activities Director or call Linda at (845) 278-3636 ext.2922.

[Click here to download the brochure](#)

