



The Rec-Room

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Re-Creative Resources, Inc.

Education, Consultation, and Resources for
Recreation and Activity Professionals

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Editor

Kimberly Grandal BA, CTRS, ACC
Executive Director

Spring 2008 Seminars in NJ

Spring Blooms: Growing Your Horticultural Therapy Program

Speaker: Patricia Czarnecki
Certified Horticultural Therapist, MBA
March 13, 2008
Berkley Heights, NJ
3 CEU's

A Quality Assured Recreation Department: Quality Monitoring Methods for Recreation Directors

Speakers: Kimberly Grandal, BA,
CTRS,ACC
May 22, 2008
Clifton, NJ
3 CEU's

Taking the Write Path: Recreation Documentation for Quality of Life (meets documentation requirement for NCCAP track 5)

June 10, 2008
Speaker: Kimberly Grandal, BA,
CTRS,ACC
Basking Ridge, NJ
7 CEU's

FREE Job Post

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Danny Pettry's Continuing Education Program For Recreation Therapists and Allied Healthcare Professionals

Need CEU's during the winter months but can't find any seminars

MDS 3.0 Update!

By Kimberly Grandal BA, CTRS, ACC

The Centers for Medicare & Medicaid Services (CMS) held an Open Door Forum (ODF) regarding the Minimum Data Set, Version 3.0 (MDS 3.0) in Baltimore, Maryland on January 24, 2008 from 1:00 pm to 3:00 pm EST and reported on the findings of a 5-year CMS Nursing Home MDS 3.0 Validation Study.

There are many advantages to the MDS 3.0 such as:

- Increased resident's voice
- Increased clinical relevance for assessment
- Increased accuracy, both validity and reliability
- Increased clarity and efficiency
- 45% reduction in the average time for completion

A section with significant revisions is the Customary Routine and Activity Section. The customary routine staff assessment is replaced by the MDS 3.0 Preference Assessment Tool. Residents are to be interviewed for their activity interests and routine preferences. For residents who cannot answer the questions, a staff assessment of activities and daily preferences is available. Staff is also instructed to observe the resident's response during activity programs. In a sample of individuals that completed the revised Customary Routine and Activity Section, findings indicated that:

- 81% rated the interview items as more useful for care planning
- 80% found that the interview changed their impression of resident's wants
- 1% felt that some residents who responded didn't really understand the items
- More likely to report that post-acute residents appreciated being asked

CMS plans to implement MDS 3.0 changes nationally on October 1, 2009. To download the transcript, audio files, power point

to attend? Well Danny Pettry has a vast line of affordable, accessible, flexible, enjoyable, easy-to-complete courses. For more information [click here](#).

Products and Services

- *Free Job Post (*national*)
- *Activity and TR Resources
- *Forms and Manuals
- *Recreation Department Review Manual (*a must!*)
- *Interdisciplinary Approach to Quality of Life In-Service (*just \$15*)
- *Free Forms and Materials

Contact Kimberly Grandal

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www.recreativeresources.com

presentation, word presentation and the timeline, visit http://www.cms.hhs.gov/OpenDoorForums/05_ODF_SpecialODF.asp

This session is accessible for downloading beginning January 30, 2008 (for 30 days) until the end of February.



ProActivity Reports

ProActivity Reports, activity computer software, can help you prove that you comply with the revised F248 Interpretive Guidance to Surveyors and helps you manage your Activity Department more professionally. For more information, visit www.maturesolutions.com. Mention Re-Creative Resources when you purchase the ProActivity software and you'll get an additional two weeks free! (A \$25.00 value!)

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NAAP



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